The NĀSAP Newsletter

July/August, 1999

Volume 32, Number 4

Committee Seeks Revision of Clonick Grant's Terms

In the fall of 1998 Jane Griffith appointed a committee to review the Clonick Publications Grant Fund. This Committee wishes to share its findings with the membership in order to solicit comments for the final recommendations.

In 1982 the estate of Seymour E. Clonick gave \$25,000 to NASAP for a "publications fund." The grant was intended to be a selfperpetuating fund for the promotion of scholarly Adlerian materials that have a limited publication scope. It was not set up as an award or subsidy for authors.

During the past 17 years, since the funding of the grant, there have been 10 proposals submitted for funding. Of these 10, only two were granted funds. One of these was in 1991 for the International Journal of Individual Psychology and Comparative Studies (\$2,000) for publication of the second and third issue, after which the Journal was discontinued. The other, in 1988, was in the amount of \$2,868.22 for Alfred Adler: As we remember him, edited by Guy Manaster. This book was reprinted in the spring of 1998. There is no exact record of income from the sale of these books.

Clonick Publications Grant Problems

1. Most NASAP members were unaware of the grant. Those who did apply had worthy projects, but were unaware of the limited scope and rigid requirements of the grant.

2. The grant to Manaster's Alfred Adler: As we remember him, was a success, in that it insured publication and distribution of the book. There was, however, poor, if any, standard bookkeeping done to record costs and income, and whether there was any recovery of capital for the fund.

The rationale of the Clonick Publications Grant is that someone would write a book, receive assistance in having it published, and then turn over all the profits to NASAP, with the possibility that later some

(Continued on page 7)

Anderson, Sulliman Nominated For Board President

The nominations of Rachell N. Anderson and James Robert Sulliman for NASAP Board President were approved at the Council of Representatives annual meeting in Atlanta, Georgia May 27. The winning candidate will serve as President-Elect until the annual meeting (NASAP 2000) when the President-Elect assumes the office of President. Robert Armstrong, Edna Nash, Daniel Eckstein and Mary Jamin Maguire

According to the NASAP by-laws, additional candidates can be nominated by ten NASAP "General" members. Each candidate nomination requires at least ten supporting signatures from NASAP members in the following categories: Individual, Student, Retired, and Family. Additional nominations for President, with the supporting signatures and biographical information about the candidate, must be in the central office by the second week of August — postmarked by August 9 or faxed by

Both Rachell Anderson and Jim Sulliman have extensive experience with NASAP governance. Rachell currently serves as Vice President and Chair of the Publications Committee of the Board. Rachell previously served on the Executive Committee of the Delegate Assembly. Jim is an At-Large member of Council or Representatives and ran for Board President in 1998. He previously served on the Delegate Assembly as a representative from Region 3B and Chair of the Constitution Committee.

"I am running for President of NASAP because I believe in contributing to the common good of all who live upon the earth," commented Rachell Anderson. "I earn my living as a Licensed Clinical Psychologist, Professor, and Poet who believes in the goodness of people and our oneness with nature." Rachell chairs the Master's Degree in Human Services program at the University of Illinois at Springfield and runs a private clinical practice. She has a doctorate of psychology from the Adler School of Professional Psychology in Chicago.

"It is a great honor to again be asked to run for the Presidency of NASAP. When I was first introduced to Adlerian psychology in 1971, I thought it was the very best theoretical orientation for understanding and helping others that I had seen. Now 28 years later, I still believe that, and I see

the same excitement for the theory in the eyes of my students. I would like to be of assistance to our organization at this particular time to help serve its needs," Jim Sulliman said. Jim received his Ph.D. from Florida State University under the direction of James Croake. Since 1986, Jim has been the Executive Director of the Pastoral Care and Counseling Center in Abilene where he began an Adlerian-based Advanced Clincal Training Program in 1988.

More complete biographies of candidates will be available with the election ballot which will be mailed to members in early September.

New On-Line Discussion Forum

Check out the new on-line Adlerian Discussion List available now on the NASAP webpage: www.alfredadler.org.

Participants are invited to post new articles for selection, select a listed article for review, or search the articles for a word or pattern.

Each article has links to let viewers reply to it. The icon leading to the discussion forum is available on each page of the website.

President's Letter

Dear NASAP Colleagues, The Atlanta meeting started off with a controversial Ansbacher Lecture delivered by Jon Carlson. Jon, whose Adlerian credentials can't be questioned, rocked the room by comparing IP to a dinosaur, lumbering off into extinction — if we don't do something about it. Many attendees, feeling attacked, wondered how he had gotten invited in the first place, and why the Board didn't review his talk in the second place. Number one: Jon was nominated for the Lectureship by Roy Kern who, as coeditor of the NASAP journal (with Bill Curlette), is a man we trust. The Board agreed with Roy's assessment that Jon had more than earned the honor — a dozen years as editor of our journal, many publications in print and video, founder of an international society and journal (with 8,000 subscribers!) — so we endorsed the nomination with enthusiasm. As to reviewing his remarks, this isn't the State Department. We shouldn't invite speakers if we aren't confident that they will tell us something useful, even extraordinary. And Jon did so (though he was the fabled prophet in his own country whom many despised). He pointed out what we all know: that IP is not well known, that it isn't even taught in most schools of psychology, that our numbers are dwindling. And he offered a remedy: get involved in the wider world of psychology. Write articles (see the Clonick Publications Grant Committee's on-point report in this issue), submit proposals to and attend conferences, integrate those aspects of others' systems that are congruent with IP and make yourself known in those groups. He asked that we offer a track of programs at our conference that incorporates IP with other theories or practices. (Here's an example: "IP-EMDR: Complementary Modalities," and here's an invitation: when you get your proposal form for St. Paul in 2000, consider offering a hyphenated program.) And, Jon offered the idea that NASAP initiate the founding of an umbrella organization of holistic psychologies -- a group of small groups like our own, that have a common base. Such a group of groups, having numbers, would have a place and a voice. In my view, our organization lacks the resources of a cadre of enthusiasts that would be essential for making such a move. But, if we can't find the courage to change our rehearsed ways, in this regard or in others, will we, like other neurotics, bring about the very thing we dread (in our case, the death of NASAP)?

Like a therapist making a depressive angry in order to revive the spirit, Jon illustrated NASAP's blindness to the wider world of psychology by pointing out that we were planning to hold our Y2K conference on the same weekend (Memorial Day) as the Evolution in Psychotherapy Conference, arguably the most important conference of its kind in our hemisphere, held each five years. I confess that the E in P wasn't even a factor: NASAP was scheduled for Memorial Day because. . . it's always scheduled for Memorial Day! A consequence of Jon's talk was the circulation of petitions asking the Board to change our 2000 date so members will feel free to attend the E in P More than 100 (of about 200 attendees) signed these. In synchronicity, we had already planned a By-laws change to enable us to hold our conference at other times to allow more choices and, for many Board and COR members, to respond to age-old complaints about Memorial Day. We took this action in Atlanta. Since then, Board members have been working on moving NASAP 2000, and though the hotel contract isn't quite firm, it looks like we'll meet in St Paul May 11, 12, and 13 (possible finessing postconference workshops). This is very close to the E in P Conference, but there's not much flex in calendars or site availability in spring 2000. We know May 14 is Mother's Day in the States, so Mothers, bring your children! Children, bring your moms! In friendship, Jane

--New From Members--

Two prominent Adlerian couples celebrated their 50th wedding anniversaries June 11th. Our congratulations to Jane and Don Dinkmeyer, Sr. and Mary and Oscar Christensen.

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Howard Gontovnick says he has several books and journals related to Alfred Adler the he would like to sell. Interested parties should contact him by e-mail: howardg@cam.org.

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Henry Stein reports that Kurt Adler is featured in an interview conducted at the Alfred Institute of Zurich on his 90th birthday in 1997. The transcript may be found on web site http://go.ourworld.nu/hstein/. Kurt is quite outspoken about many issues, including some provocative opinions about parent education, pampering, ideals, politics, and brief therapy.

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The NASAP Newsletter

July/August, 1999

Resource Page

100 Ways to Connect with Your Teenager

To see with the eyes of another, to hear with the ears of another, to feel with the heart of another.

Alfred Adler

- 1. Touch or hug them when the moment is right.
- 2. Write letters to get your message of love and caring conveyed.
- 3. Get out your old year books and have a few laughs together about the "old" times.
- 4. Tell your story of your life/teenage years.
- 5. Listen to their music and understand it.
- 6. Read their books.
- 7. Watch their shows on T.V. with them.
- 8. Learn how to play a game on the computer.
- 9. Accept their fashion statements.
- 10. Don't judge.
- 11. Have lunch together.
- 12. Role model.
- 13. Help with ideas for projects.
- 14. Rely on them.
- 15. Trust them.
- 16. Listen.
- 17. Know teachers names and courses.
- 18. Know current projects.
- 19. Know friends.
- 20. Share ideas.
- 21. Be honest about yourself.
- 22. Explain finances and budget.
- 23. Help with resume and job search.
- 24. Let them know the strengths you see in them.
- 25. Laugh together.
- 26. Don't take yourself too seriously.
- 27. Remind them to believe in themselves.
- 28. Get out old photo albums and go through them together, recalling memories.
- 29. Cook together.
- 30. Ski/bike/skate together.
- 31. Encourage time with grandparents.
- 32. Encourage time with mentors.
- 33. Act as a guide and consultant.
- 34. Don't fret about messy rooms.
- 35. Don't sweat the small stuff.
- 36. Let them make their own decisions and experience the consequence.

- 37. Invite them to attend your place of worship with you.
- 38. Learn from them.
- 39. Be open to their ideas and ideals.
- 40. Respect their opinions.
- 41. Take a course together.
- 42. Let them see your weak spots have the courage to be imperfect.
- 43. Love the person behind the behavior.
- 44. Take a drive in the car together.
- 45. Cook favorite meals.
- 46. Let them cook for you.
- 47. Help them to get their driver's license.
- 48. Ask about heroes and heroines.
- 49. Teach them what you know about the effects of cigarettes, drugs and alcohol and model the behaviors you want to see in them.
- 50. Give them freedom to learn by making mistakes.
- 51. Ask for their opinion and listen to it.
- 52. Respect their reality.
- 53. Share your reality don't push it.
- 54. Treat them like people not 'children' or secondclass citizens.
- 55. Do them a favor.
- 56. Buy them a treat.
- 57. Tell them you enjoy their company.
- 58. Don't copy their style or try to look young or cool.
- 59. Don't say "When I was your age..."
- 60. Welcome their friends into your home and don't judge them
- 61. Buy a funny card and leave it on their desk for a little surprise.
- 62. Give them your time.
- 63. Don't try to fix their feelings or problems.
- 64. Understand their language what are the current buzz words.
- 65. Give them space and privacy.
- 66. Never read their mail or diary.

- 67. Read the newspaper together and share ideas and views of the world.
- 68. Educate yourself about their hobbies understand hockey and attend games.
- 69. Go to all of their events and if you can't be there make sure someone important can.
- 70. Include them in adult conversations with your friends expose them to a variety of ideas.
- 71. Invite them to a community or volunteer activity with you.
- 72. Talk about your interests, work, passions.
- 73. Make popcorn together and rent a comedy.
- 74. Share rituals religious holiday, family birthday, Friday night pizza, walking the dog, teasing Dad about this snoring.
- 75. Create new rituals.
- 76. Laugh together laugh at yourself.
- 77. Get a life don't live theirs.
- 78. Ask them their opinion on your impending decisions from what to wear to how to handle a problem (within reason).
- 79. Get regular health care for yourself and your teen.
- 80. Create a healthy environment and model healthy choices in food, exercise, meditation, anger management, sleep, reading, caring...
- 81. Dance together teach each other your steps.
- 82. Play games together.

- 83. Make time for them even when it seems impossible.
- 84. Let them earn and spend their money the way they see fit.
- 85. Encourage saving money, making clear the expectation and needs for college funds.
- 86. Take a self-defense course together.
- 87. Talk about sex and intimacy.
- 88. Model healthy communications.
- 89. Trust their judgement.
- 90. Encourage them to live their dreams.
- 91. Help them discover their talents and pursue them.
- 92. Display their photographs.
- 93. Have a pillow fight.
- 94. Build a sand castle together or a snow fort.
- 95. Tell them how much you love them, just the way they are.
- 96. Model self care and self respect.
- 97. Let them know they are more important than the car (which they damaged).
- 98. Celebrate their birthday five times!
- 99. Never stop believing in yourself.
- 100. Never stop believing in them!

By Susan Prosser

Adlerian Centre for Counseling and Education Ottawa, ON Canada

Other Recommended Reading

Positive Discipline for Teenagers. Nelsen, Jane and Lott, Lynn. Prima Publishing, 1997. Available from Empowering People, 800/456-7770.

You have just read an article based on Adlerian Psychology. NASAP, the North American Society of Adlerian Psychology, was founded in 1952 by a small group of Adlerians under the leadership of Rudolf Dreikurs. Their purpose was to promote growth and understanding of Adlerian Psychology, the work of Alfred Adler, and effective approaches to living based on his philosophy. In the early 1900s, Adler began addressing such crucial issues as equality, democracy, parenting, education, the influence of birth order, life style, and the holism of individuals. Today Adlerian concepts are being used creatively in education, community programs, business and the arts, as well as in counseling, therapy, and clinical practice. NASAP membership includes educators, psychologists, psychiatrists, counselors, parents, business people, community organizations, and other interested people. If you are interested in knowing more about NASAP, Adlerian Psychology, or Adlerians practicing in your area, please call or write us. We'd love to hear from you:

NASAP

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-- Book Review--

The Challenge of Marriage

By Rudolf Dreikurs

My copy of *The Challenge of Marriage* is well used; the binding is assisted by scotch tape to keep the book together. Inside the front cover are the signatures, "Dr. Rudolf Dreikurs" and "W. L. Pew, M.D." This book has enlightened me frequently over a period of 30 years as a wife and as a marriage counselor. Marriage counseling has been an important part of my work because of Dr. D. and his book, *The Challenge of Marriage*.

In the Preface to the 1974 Edition, Dreikurs states his intent:

Without knowledge and skill in coping with each other in a democratic atmosphere our families become a battle ground, torn by tensions, antagonisms, and hostilities. Husbands and wives find it difficult to get along peacefully. Under the impact of the ensuing warfare in which the children fully participate, their marital relationship can often be strained to the breaking point. Instead of being an element of unification, children often become an almost unsolvable disrupting influence.

Dr. Dreikurs has placed his view of marriage, it's strengths and difficulties, in our culture and events that influenced it. Consequently some of the material is dated, particularly regarding the role of women. Women have, in fact, gained more equality but even 53 years after the first publication of *The Challenge of Marriage*, many of us would agree that we have more privileges and the concomitant responsibilities. However, some of us are still trying to find a good balance between marriage, children, work outside the home, and work inside the home as we live in our egalitarian democratic culture.

I was so interested, as was Clair Hawes, in the introduction to the May 24, 1998 edition to find in this book references to areas which are popular many years later. Clair describes it well:

So much of what Dreikurs wrote in the early 1940's foresees many of the theoretical approaches to marriage therapy that have arisen in recent decades: his discussion of how relationships are based on interactions among all family members precedes Bowen's Systems theory; his section on logical merit versus psychological significance was expanded later by Hendrix. Dreikurs' explanation of the different ways that men and women approach a similar issue is addressed in a section about the cultural significance of feminine emancipation, which is echoed 50 years later in the pop psychology books of John Gray. (p. xiii)

Adler taught us that each human being is born with the capacity to develop gemeinschaftsgefühl translated as "social interest." As members of the human community, throughout life all of us must meet three major life tasks, which Adler defined as society, work, and love. It is in the life task of love that we figure out how to have a cooperative relationship with the opposite sex.

After using the book for many years, then rereading it in its entirety, I was struck over and over with the clarity of Dreikurs' writing, and the emphasis on conflict resolution in a democratic setting. He stressed going back to ourselves: What is my part in this? Or, What can I do?

Here are some samples from the Chapter IV, Choosing a Mate, and V, Living Together:

But the real reason why people marry, regardless of their conscious reason, is a deep desire for association, the fundamental human need to <u>belong</u>, a social drive which is part of human nature. (ibid, p. 87)

We ourselves are the source of success or failure. We cannot escape from ourselves and so cannot improve our living conditions by running away. (ibid., p. 98)

Here we must recognize the aggressive character of force as contrasted with the

non-violent passive resistance. Active forcing always means violating respect for someone else. Resistance, on the other hand, is seldom an imposition; it merely preserves respect for oneself. (ibid, p. 110)

Kindness, however, does not exclude firmness. On the contrary, one can be kind only if one is sure of oneself, sure of the impression one makes, and sure of the final success. To be firm requires the same self-confidence. Firmness does not imply imposition. The less firm and sure we are, the more we tend to intimidate and impose. (ibid., p. 113).

It is only human to become critical of others when we suffer from our own shortcomings. Then we become interested in the faults of others. Ordinarily our natural social interest enables us to see and enjoy the good qualities in our fellow men. Everyone has virtues, just as everyone has faults. Whether we emphasize his faults or his virtues indiciates our attitude toward a person. (ibid., p. 118)

specific seems futile to give recommendations for a happy life. Many books advise what to do and what not to do. The pity is that the suggestions, regardless of how good they are, generally do not help. A courageous person with sufficient social interest does not need advice, and a fearful, hostile person will fail to heed even the best advice. Therefore, we have stressed in this chapter fundamental attitudes more than specific techniques. No techniques alone can preserve marital happiness — no rule in handling economic, social or sexual problems can prevent failure. The spirit counts, and not the technique. The williness to cooperate can overcome every obstacle, and without this fundamental willingness, minor obstacles can become overwhelming. (ibid., p. 121)

Once more, as has been true in my life since I first met Dr. D. in the late 1950s, I am struck by the common sense of Adlerian Psychology and the clear voice of Rudolf Dreikurs. In his biography, *The Courage To Be Imperfect* by Janet Terner and W. L. Pew, we can read about the importance to him to teach and write clearly about Adlerian Psychology in such a way that people could readily understand. Indeed! He reached his goal.

Miriam Pew Ferguson

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(The Challenge of Marriage is available from the Adler School of Professional Psychology bookstore, 312/201-5900, ext. 228, Fax 312/201-5917.)

Letters To The Editor

I just finished reading Jane Griffith's letter in the latest edition of the NASAP Newsletter (May/June). Her response was well-reasoned and exquisitely stated. I have long struggled with a sense that terms like "the courage to be imperfect" and "social interest" were sometimes used to legitimize slipshod work and unproductive or selfish strivings. I applaud Jane's stance and will adopt the use of the term community feeling in my own life. Jane has also renewed my interest in the activities of the organization after many years of lapsed membership. Jane, good luck in your continued efforts to manage what must be a difficult situation. Best regards,

Bob Baker

####

I am writing to say, "Thank God for Steven Maybell." I have been meaning to say that for some years anyway. It seems to me that Steven is a bright, energetic, and delightful human being who has added a lot to both NASAP and the world, and I have long appreciated so much of what he has accomplished. But I finally take to the computer to thank him most for his decidedly excellent common sense.

I just returned from what I would call a very good NASAP convention. Oh, I know that some people will say that there weren't enough people there, but I enjoyed the location, the programs I attended, and the friendship of so many people. And after Jon Carlson's stimulating Ansbacher lecture, there was certainly a lot about which we could all talk.

I returned to read the May/June Newsletter from NASAP, and I always start at the back of it for some reason. And there on the very back was Steven's letter to all of us, urging us to "accept ourselves as we are." Not bad advice. And more to the point, he described who we are, I thought, pretty well: a small organization of about 1,000 people dedicated -- at least in part -- to a theoretical model that has had some meaning in our lives. We are no smaller, really, than the Gestalt Society or the organization devoted to pure psychoanalysis. We are bigger than those devoted to TA, NLP, and even Client-Centered Therapy. And most of us like and care about each other a try not to cause too much mischief in each other's lives.

We have a pretty good journal that I feel will only get better under the direction of Drs. Kern and Curlette. The Newsletter is both informative and educative, and (for those of us into appearances) it even looks and feels professional. It tries hard to be inclusive and it occasionally offers some great books at reduced rates. And while our convention could probably stand to adopt at least one of Jon Carlson's suggrestions (some programs that are hyphenated, e.g., Adlerian-Gestalt, Adlerian-Narrative, Adlerian-Solution Focused, Adlerian-Systems approaches to therapy), I almost never fail to enjoy our time together — even when the same old programs are offered. Again to quote Steven, "Not bad for 100 Bucks!"

And in the end, it seems to me, that's what the average member wants: a connection to a model that matters to them, a pretty good journal and newsletter, and a chance to be with people we like at a national convention in which we invest our talents. I don't think any of us really care if NASAP were to be run out of someone's basement if we can keep the things that matter. Like Steven, I have no need to grow as an organization. I do have a need for us not to disappear, not right away anyway.

Jane Griffith echoed many of Steven's points in her letter to the membership, but as I said, I always read from the back forward. And reading Steven's letter made me feel that everything I felt was now perfectly stated. So thanks, Steven. I hope a lot of people were reading and listening with their heart.

James Robert Bitter, Ed.D.

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Congratulations Jane! Your feedback and self-disclosure to the manipulative "make-nice"ing discouragement of all institutions is beyond praise. Shades of Rudolf Dreikurs in New York at the IAIP meetings of 1970. That's the last time anyone summoned up the courage (active community feelings) to want to talk about the rhino in the living room. It's been over 35 years ago since I wrote on the insufficiencies and misuses of "social interest." As for the "courage to be imperfect," that silver bullet is directed to the recognition and sharing of our own ego pre-tensions. Its goal is definitely not in the service of power, possession, prestige in an effort to be better-than

and different from others.

Adlerian dialectics would be well served if we took the Adlerian "perfectibility" out of the deep freeze. Then we would have the opposites in balance. The "courage to be imperfect" to recognize and let go of culturally-approved dis-ease of competitive individuality. The 'courage of perfectibility' to expand Spirit (Self-esteem) and Soul (cosmic community feelings of compassionate connections) and wisdom (the sense of humor to make all of the above into habitual movements).

All of the above jargon should be translated into "I am proud of your courageous concern for the future of NASAP." Undoubtedly NASAP and the universe might flunk the community feelings of compassionate connections test. But that ego speculation is really none of our business. What is relevant to us now is to practice the courage of perfectibility. . . . My best,

"Buzz" O'Connell

Regarding Jane's and Steve's comments: I think there is a whole huge opportunity out there to use the Web to be both BIG, small, and economical. I wonder if you already know just how much money it would cost to truly maintain an active website, and especially marketing needed to get it listed in appropriate search engines.

I believe this is the new avenue open to a group like NASAP. Our website is good now, but if it's underutilized, it's not being effective. On the other hand, even just two people can make a "group" and create a web site that appears to be run by a giant, successful organization. The important thing would be to prioritize what NASAP's goals are -- to provide accurate understanding to Adlerian psychology, access to present thinkers in the field, scholarly articles like the Journal, access to historical info, direction to practitioners nationwide or worldwide, etc., whatever. And then, put the info out there, and lobby everywhere to get "listed" and crossreferenced by those markets we want to reach.

Anyone want to discuss this?

Bryna Gamson
ParentEduc@aol.com
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EXPERTISE NEEDED

NASAP needs people to contribute their expertise to the Society regarding grant writing and/or fund raising. If you are willing and able, please contact the NASAP central office, 312/629-8801, Fax 312/629-8859 or e-mail: nasap@msn.com.

Clonick Publications Grant (Continued from page 1)

of the profits might go back to the author. The problem with this noble idea is that most NASAP members do not have the time to invest in a book from which they will receive no compensation. We salute Guy Manaster for his successful book and his devotion to NASAP. We expect that he would agree, however, that editing this book was less time consuming than being the sole author of a new book would have been. In short, the fact that in 17 years only one Adlerian book, in the form of an edited collection of reminiscences, is all that the Clonick Publications Grant has brought forth from such a talented group suggests a problem with the structure of the requirements of the grant.

Recommentations for the Clonick Grant

The committee acknowledges the generosity of the Seymour E. Clonick estate, and records our gratitude to the people involved who guided funds to NASAP. However, this review committee feels that the Clonick Publications Grant is now stagnant and idle. We would like to see the Board of NASAP jumpstart the Clonick Grant and thrust it and all of NASAP into the new millenium with a surge of creativity and revitalization.

1. Open up the purpose of the Clonick Publications Fund to stimulate the imaginations of NASAP members to write magazine articles on any aspect of Adlerian psychology, such as child rearing, marriage counseling, birth order, classroom management, etc. Adlerian ideas are dying on the vines or being recycled without credit in the popular and professional media. Reward NASAP members by having the Clonick Publications Fund match any fee paid to a NASAP member for an article published in a national magazine as listed in Writer's Market, which includes magazines in the fields of education, counseling, psychology, parenting, etc.

The requirements would be threefold. To receive a matching grant (a) you must be a paid member of NASAP, (b) submit the published article and copy of the canceled check for your fee from the magazine, and (c) somewhere in the article you must mention NASAP (e.g., This article was submitted by Jerry Hiller, Ph.D., a psychologist in private practice in Chicago, and a member of the North American Society of Adlerian Psychology) or use the word Adlerian.

- 2. Continue the original purpose of the Clonick Grant, and encourage NASAP members to write books. Grant limit: \$5,000/year. Add a profit-sharing clause: the author would keep 50% and NASAP would receive 50%, after recovery of costs.
- 3. Require careful bookkeeping for the Clonick Publications Grants.
- 4. Fund Raising: NASAP should start a "Jumpstart Us Into the Millenium" campaign: Members would contribute money, publication ideas, and fund-raising ideas with the proceeds going into the Publications Fund, so that the knowledge and practice of Adlerian Psychology's effective tools for cooperative living will spread and grow into the next century.
- 5. Advertise the existence of the Clonick Publications Grant in the Newsletter and on the form for collection of annual dues.
- 6. Decisions for the Clonick Publication Fund should be made by a committee of three people (non-board members) elected for three-year terms.

The current Committee consists of Nancy A. Cannon, M.A.,

a 20-year NASAP member, Chair; Jerry Hiller, Psy.D., a 20-year member; and Marilyn Rochon, M.A., an 18-year member. Members have a one-month period to send their comments to Nancy Cannon, 12232 N.. Lake Shore Drive, Mequon, WI 53092, Phone and Fax 414/243-3665, e-mail: NCannon@aol.com.

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Education and Training Opportunities

Northwest

Vancouver, BC - - The Adler School of Professional Psychology (B.C.) has posted their schedule of courses through June 2000. Beginning with the fall semester (Sept.), the school will change from a 4-Semester to a 3-Semester system. Semesters will run from Sept 1-Dec 31, Jan 1-Apr 30, & May 1-Aug 30. Fall course offerings include: Life Style Assessment with Russell King, Oct. 1-3; Adlerian Approaches to Family Counseling with Edna Nash, Oct. 29-31; and Adlerian Approaches to Psychotherapy with Bob Armstrong, Dec. 3-5. For additional info, call 604/874-4614, fax 604/874-4634, or email: info@adler.bc.ca.

Saskatoon, SK - -SAS announces a *Parenting Education Facilitator Training Workshop* to be held September 22, 23, 24, 1999. Discover Adlerian principles; experience a variety of presentation techniques; explore the process of group dynamics; experience presenting to the group; and receive and use the manual *Respectful Responsible Parenting*, designed especially for facilitators like you. Cost for the workshop is \$250 including manual. Contact Terry Lowe, ph 306/653-4923, or the SAS office, ph 306/384-7703 to register. The workshop will also be offered in January and April 2000.

Midwest

Chicago - A pre-Congress workshop, "Providing the Missing Developmental Experience," will be offered on Monday, August 2nd, 1999 at the International Association of Individual Psychology Congress in Chicago. It will be presented by Henry T. Stein, Ph.D. and Martha E. Edwards, Ph.D. For registration information about the entire Congress scheduled for August 2-7, visit http://go.ourworld.nu/hstein/iaip2/htm., or contact the Adler School in Chicago at 312/201-5900.

Northeast

Maryland - The Parent Encouragement Program (PEP) will be offering a variety of "Hot Topics: Sizzling Summer Seminars" throughout July and August. Topics include Raising Responsible Children (July 27); Parenting a Child with ADHD (July 29); Managing Your Anger (August 3); and Taking the Power out of Power Struggles (August 5, Gaithersburg MD). Seminars are from 7:30-9:30 and held in Kensington, MD unless otherwise noted. Fee for each session is \$15/ person, \$25/ couple. Pre-registration is required. Call the PEP office for more info or to register with Mastercard, Visa, or Discover. Ph: 301/929-8824

Southeast

Springmaid Beach, Myrtle Beach, SC - - Mark your calendars. The South Carolina Society of Adlerian Psychology will hold its conference September 24-26 in Springmaid and Myrtle beach. Contact Frank Walton, 803/798-0300, to be put on the mailing list for a brochure. Further details: forthcoming in future newsletter.

Thank You's For NASAP '99

A long list of dedicated people helped make NASAP '99 in Atlanta an enjoyable and rewarding experience. We are grateful to our many excellent presenters who provided the main agenda of the program and we also want to recognize all those who worked behind the scenes and before and after the event to make it flow effortlessly.

A special *Thank You!* goes to Lynda Dinter and the many helpful volunteers whom she organized for a successful convention in Atlanta. Lynda was on site every day to cheerfully lead the group and answer questions for attendees as well as volunteers. Thanks also to Julia Hefner who assisted Lynda in the home office with volunteer applications.

A Thank you! goes to Susan Prosser-Zuijdwijk who took on the Silent Auction and organized the "Buddy System" for the First-Timers breakfast. Both events received numerous compliments. Thanks also to Debbie Owen-Sohocki and Patti Kyle for assisting Susan.

Thank you Joyce Kahle and the Beecher Foundation for sponsoring the dessert reception following the Ansbacher Lecture Thursday night. Thank you Patricia Ramberg, President of the Alfred Adler Graduate School of Minnesota, for sponsoring the dessert buffet at the Friday night banquet. Daniel Eckstein conducted the live auction following the banquet in his humorous and entertaining fashion, and Kim and Robert Rushing donated their excellent musical talents for listening enjoyment and (Continued next column)

Letter to the Editor:

Finally I got to go to a NASAP Convention! After four years of graduate school, this was the first year that I did not have a class scheduled during the convention. It was great to meet Adlerians from other parts of the country. Every presentation I attended was superb. I came away with tens, hundreds of practical ideas and solutions that I can use with groups and clients. It was a great and fun learning experience. I can't wait until next year.

Les White Psy.D. student Adler School Chicago

Convention Highlights





Left, Oscar Christensen talks to the Saturday luncheon crowd who came to honor him. He was presented a certificate from NASAP which reads: In recognition of his international contribution as an educator in the theory and practice of Adlerian Psychology. As a University professor and in his travels abroad, he extended the Adlerian legacy of Open Forum Family Counseling. May Adlerians and others the world over continue to benefit from his wisdom and teachings.

Right, Jon Carlson listens to a question from the audience after delivering his stimulating lecture, *Adler 2000 and Beyond: Astronaut or Dinosaur? Headline or Footnote?* Carlson was the third Heinz L. and Rowena R. Ansbacher Lecturer to address a NASAP Convention audience.

dancing. Thank you all.

Our convention program was enhanced by those members who participated in its special events. Thanks to Guy Manaster for his opening remarks on Thursday night, describing and promoting the Ansbacher Lecture Fund, and to Jon Carlson for his Ansbacher Lecture. Thanks to Eric Mansager and Carolyn Crowder, who planned Saturday's luncheon honoring Oscar Christensen; and John Platt, who provided a thoughtful and entertaining introduction to Chris.

NASAP ran its own successful bookstore this year thanks to the efforts of Becky LaFountain, Mary Jamin Maguire and Heather Mlynek from the central office. All profits from the bookstore will go directly to NASAP.

We also express gratitude to our meeting planner, Collette Hall of Centennial Conferences, and her staff for another smooth running convention, and to our Convention Chair, Riki Intner, for overseeing the whole operation and putting all the pieces together.

NASAP Newsletter

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