# The NASAP Newsletter

April, 1997

Volume 30, Number 3

# Prominent Vancouver Citizen Will Speak At Saturday Luncheon

Dr. David Lam, one of Vancouver's most encouraging and inspirational citizens, will speak at the 1997 Convention luncheon, Saturday, May 24. He is the former Lt. Governor of British Columbia, the province's highest non-political leader.

Lam has consistently sought out ways to assist and encourage his own Chinese community and the Canadian society at large. His gifts to the University of British Columbia and University of Victoria established a Management Research Centre and library, focusing on Pacific Rim economic activities and development, and an Asian Research Centre. He also contributed funds to build the Dr. Sun Yat-Sen Classical Garden in Vancouver. to establish the Police Centennial Museum, and donated land for the Regent College library.

Lam's personal agenda is to enhance the image of the Chinese community and to lead his compatriots by example. As part of this effort, he founded the Hong Kong Merchant's Association of Vancouver in 1967. This organization has served and assisted new immigrants from Hong Kong in settling in Canada.

His holistic vision of excellence blends together the best of the Chinese cultural influence with western advances in technology and economics. His vision of Canada includes a place where immigrants will not only find opportunity, but also contribute the best of their cultures. His imagination and generosity marks him as a "builder of community in the 21st. century."

# --Executive Director's Message-Convention, Annual Meeting Top Schedule

#### Annual Convention and Workshops

The 45<sup>th</sup> Annual Convention is fast approaching. We hope you have all received your registration brochure; if not, please call or fax the central office. Unfortunately, the mail is not always reliable and can be very slow. In reading the brochure and recent newsletters, we think you will agree with us that the 1997 convention in Vancouver could prove to be an event not to be missed!

We are mindful of the time and energy that has already been expended by the local group in Vancouver on behalf of NASAP. There are many people who have been working for more than a year on the planning committee and subcommittees. Their work has been complicated by the change in meeting planner personnel and they deserve an early expression of appreciation for "hanging in there!" The following are the conveners of the NASAP '97 Planning Sub-Committees: Publicity/Promotion - Terry Colton, Gloria McArter; Program - Bob Armstrong, Sheri Gibbons; Hospitality - Beverley Armstrong, Joanne McPherson; Registration - Moya Jack; Volunteers - Elizabeth Lee; Bookstore - Joan McMahon. To the conveners and those working with them, Thank You! Annual Meeting

Some time at the annual convention and workshops is devoted to annual meeting business for NASAP, which includes: a day-long meeting of the Delegate Assembly (D.A.) on Thursday, May 22, from 8:30 a.m. to 5:00 p.m.; a meeting of members at the General Assembly luncheon on Friday, May 23, 12:45 to 2:05 p.m.; Section Meetings on Friday, May 23, 11:20 a.m. to 12:35 p.m; Region Meetings on Saturday, May 24, 11:20 a.m. to 12:35 p.m. The D.A. will be considering a proposal from the Long Range Planning Committee with regard to changes in the governance of the Society. This information will be shared with members during the General Assembly and with members via mail after the convention.

#### Membership

Among the reports to be considered by the D.A. will be one on membership. Currently, 1997 membership is about 6% below 1996; there has been a 90% increase in Associate members and a 16% increase in Student members. This year, we initiated a provision for students to renew at the student rate even though they graduated, giving them a maximum of 3 years after graduation. Thirty (30) students took advantage of the new policy, which is about 21% of the student membership.

New membership is up by 28%. To be noted, 26% of the new members from 1994 and from 1995 continue to be members; 35% of the 1996 new members have renewed for 1997.

See you in Vancouver!

Neva Hefner, Executive Director

#### -- Delegate Column--

## Advancing the Dream: Toward A Global Ethic

By John Newbauer, Clinical Section Delegate

Our convention last year reminded us of the dream of social equality. It brought out some of the good things that have come about over the years of struggle for social equality. In November, I had an opportunity to attend the Catholic Call to Action Meeting in Detroit, Michigan. One of the focuses of this conference was on the "Declaration Toward a Global Ethic," presented by theologian Hans Kung. For the first time in the history of religions, the Council of the Parliament of the World's Religions met in Chicago in the fall of 1993 and ventured to work out and present a "Declaration Toward a Global Ethic." Dr. Kung has made it his life's work to further the acceptance of this "Declaration." In reading over this work, I found this "Declaration" also to be a wonderful explication of the dream of social equality and very much in conformity with Adler's writing on social interest.

The "Declaration" was written by Dr. Kung and his colleagues with input from many world religious leaders. It was signed by representatives of Bahai, Drahma Kumaris, Buddhism, Christianity, Native Religion, Hinduism, Jainism, Judaism, Islam, Neo-pagans, Sikhs, Taoists, Theosophists, Zoroastrians and Inter-religious organizations. It was definitely a step forward in terms of trying to reach some type of reconciliation among all religions. As Dr. Kung has so often said, "There can be no peace among the nations without peace among the religions."

As I sat and listened to Dr. Kung talk about his vision of the "Declaration Toward a Global Ethic," I found it to be very familiar to me. It resounded with themes of responsibility for a better global order. It stated, "Our involvement for the sake of human rights, freedom, justice, peace, and the preservation of the Earth is absolutely necessary." It posed a fundamental human right: Every human being must be treated humanely (What you do not wish done to yourself, do not do to others! Or, in positive terms, What you wish done to yourself, do to others!) From it arose four ancient guidelines for human behavior: (1) Commitment to a culture of non-violence and respect for life; (2) Commitment to a culture of solidarity and a just economic order; (3) Commitment to a culture of tolerance and a life of truthfulness; and, (4) Commitment to a culture of equal rights and (Continued on page three)

#### The NASAP Newsletter Volume 30, Number 3 April, 1997

Published nine times each year by
The North American Society of Adlerian Psychology
a not-for-profit corporation.
65 E. Wacker Place, #400, Chicago, IL 60601-7203
Telephone 312-629-8801, Fax 312-201-5917, E-mail NASAP@MSN.com

Jerianne Garber, Editor Neva Hefner, Executive Director

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$20 per year. ISSN 0889-9428

#### DONATIONS

Below are donations not previously reported through March 21. NASAP extends thanks to its many contributors.

Lynn Benson

Lawrence D. Casey
Luella M. Downing
Peggy L. Foege
Otto Kroh
Gary D. Mckay
Joyce L. McKay
In memory of Seymour Schneider
Jordon Levin

#### Adler/Dreikurs Endowment

Jordon Levin Francesca Peckman

#### **Ansbacher Lecture Fund**

R. John Huber Jordon Levin Fredrica Levinson ####

Noted Adlerians To Provide Fireside Chats For Convention

"Fireside Chats" will be a new feature of this year's convention program designed as a tribute to the 60<sup>th</sup> anniversary of Alfred Adler's death, 25<sup>th</sup> anniversary of Rudolf Dreikurs' death and the 100<sup>th</sup> anniversary of his birth. Noted Adlerians who knew, worked, or studied with either Adler or Dreikurs have been asked to reminisce and share their experiences with these founders of Adlerian psychology in an informal setting with convention attendees.

These presentations will be held in the Fire Place Lounge during the regular time slots of the program on Friday and Saturday, May 23 and 24. The convention program will give the schedule for the individual presenters, who include: Heinz Ansbacher, Maurice Bullard, Pearl Cassell, Oscar Christensen, James Croake, Edith Foster, Floy Pepper, Buzz O'Connell, Mim Pew and Cam Meredith.

These Fireside Chats are to be videotaped for archival purposes. Lois Ingber and Edna Nash are working with the University of British Columbia on this project.

The North American Society of Adlerian Psychology

## The NASAP Newsletter

**April**, 1997

#### Resource Page

Volume 30, Number 3

#### **ENCOURAGING CHILDREN**

The Child needs encouragement as a plant needs sunshine and water.

Rudolf Dreikurs

#### Prepared By Mary S. Wheeler, Ph.D.

Encouragement involves the ability to accept children as worthwhile, regardless of any deficiency, and to assist them in developing their capacities and potentialities. No matter what a child's failing, you can bring about improvement through encouragement. Specifically, the person who encourages:

- 1. Places value on the child as he or she is.
- 2. Shows faith in the child and enables him or her to have faith in himself or herself.
- 3. Gives recognition for effort as well as recognizing a job well done.
- 4. Assists in the development of skills sequentially so as to assure success.
- 5. Recognizes and focuses on strengths and assets.
- 6. Helps the child develop the courage to be imperfect...to take mistakes in stride and learn from them.
- 7. Gives opportunities to be responsible to <u>all</u> members of the family group.
- 8. Shows the connection between a person's behavior and cooperative social living.

-- from the works of Rudolf Dreikurs

#### **Examples of Encouragement**

#### Recognizing Effort

- --It's hard to start a new task, but once you've done it a few times it will seem easier.
- --You have really improved in math.
- --I know you can do it.
- --Keep trying. Don't give up.
- --You seem to have learned from your mistakes.

#### **Encouraging Self-Reliance**

- --You cleaned your room by yourself! Doesn't it look nice.
- --You got dressed all by yourself this morning. That's really grown up.

#### **Encouraging Avoidance of Aggression**

- -- That was very polite to give Larry some blocks when he tried to take yours away.
- -- Thank you for telling me how you felt. I did not realize I had spoken so abruptly.
- -- I like the way you explained to Leonard that he must wait until you are finished with the scooter.

#### Appreciating Helpfulness and Responsibility

- --It's a big help when you run errands for me.
- --You worked hard on that book review. You are learning some important things.
- --Your helpfulness makes getting dinner much easier.

#### Recognizing Thoughtfulness and Generosity

- --It made Tommy feel better when you helped him fix his boat.
- --You took turns with Kathy very well.
- --It's nice to have your help putting the dishes away.

(Over)

#### **Encouraging Self-Expression and Sociability**

- -- I like to hear about the things that happen at school. Thank you for telling me about them.
- -- That was a nice smile you gave Grandmother. It made her feel warm and loved.
- --Bob would be interested in hearing about your experience this afternoon.

#### Letting Them Know They Look Good

- --How good you look in your blue shirt and matching shorts.
- --How pretty your hair looks when you brush it.

#### Letting Them Know You Like Them

- --Hi, Glad to see you back.
- --It's nice to have dinner out with my son.
- --I enjoy having you ride to the store with me.

\*Some of these examples were adapted from What Every Child Needs by Lillian and Richard Peairs. New York: Harper & Row, 1974 (no longer in print).

#### Additional Recommended Reading:

Children The Challenge. Dreikurs, Rudolf and Soltz, Vicki. New York: Hawthorn Books, 1964.

<u>Challenge of Parenthood</u>. Dreikurs, Rudolf. New York: Penguin Books

(All Dreikurs' books available from Adler

Discipline Without Tears. Dreikurs, Rudolf. New York: Penguin Books

School bookstore, 312/201-5900, ext. 228)

Cooperative Discipline. Albert, Linda. Circle Pines, MN: American Guidance Service (800/328-2560), 1996

A Parent's Guide To Understanding and Motivating Children. Bettner, Betty Lou and Lew, Amy. Newton Centre, MA: Connexions Press, 1996, (617/332-3220)

Raising a Responsible Child. Dinkmeyer, Don and McKay, Gary D. New York: Simon & Schuster, 1996 (second edition). Parent's Handbook. Dinkmeyer, Don and McKay, Gary D. Circle Pines, MN: American Guidance, 1997, (800/328-2560) Raising Self-Reliant Children in a Self-Indulgent World. Glenn, Stephen and Nelsen, Jane. Prima Press, 1987 (Available from Empowering People, 800/456-7770)

The Family That Works Together. Lynn Lott and Riki Intner. Prima Press, 1995 (Empowering People)

Raising Kids Who Can. Lew, Amy and Bettner, Betty Lou. Newton Centre, MA: Connexions Press, 10 Langley Rd. 02159, 1996

Perfect Parenting & Other Myths. Main, Frank. Vermillion, SD: The Main Press, 509 Valley View, 57069, 1997, (605/677-5257)

Positive Discipline. Nelsen, Jane. New York: Ballentine Books, 1996 (Empowering People)

Effective Discipline in the Home and School. Painter, Genevieve and Corsini, Raymond. Bristol, PA: Accelerated Development, 1990, (800/821-8312)

Life in the Family Zoo. Platt, John. Roseville, CA: Dynamic Training & Seminars, Inc., 1991

Active Parenting. Popkin, Michael. Marietta, GA: Active Parenting Publishers, 1983, (800/825-0060)

You have just read an article based on Adlerian Psychology. NASAP, the North American Society of Adlerian Psychology, was founded in 1952 by a small group of Adlerians under the leadership of Rudolf Dreikurs. Their purpose was to promote growth and understanding of Adlerian Psychology, the work of Alfred Adler, and effective approaches to living based on his philosophy. As early as 1900, he began addressing such crucial issues as equality, democracy, parenting, education, the influence of birth order, life style, and the holism of individuals Today Adlerian concepts are being used creatively in education, community programs, business and the arts, as well as in counseling, therapy and clinical practice. Our membership includes educators, psychologists, psychiatrists, counselors, parents, business people, community organizations and interested people If you are interested in knowing about Adlerians practicing in your area, in learning more about NASAP or Adlerian Psychology, please call or write us, we'd love to hear from you:

#### NASAP

North American Society of Adlerian Psychology 65 East Wacker Place, #400 Chicago, IL 60601 (312)629-8801 FAX (312)201-5917

A bruised knee will mend; bruised courage will last a lifetime. Rudolf Dreikurs

### NASAP Seeking Nominations For '98, '99 Ansbacher Lecturers

NASAP is now seeking nominations for the Ansbacher Lecturer at their 1998 and 1999 conventions. An honorarium and expenses are provided for the speakers through the Heinz L and Rowena R. Ansbacher Lecture Fund, which was established in 1995 to support an annual NASAP convention lecture on a topic of significance for Adlerian Theory or scholarship. Arthur Freeman was chosen as this year's recipient.

Anyone interested in placing a name in nomination should include the following information:

- Description of significant professional contributions the person has made which are relevant to Adlerian theory in the context of the larger field of psychology.
- Information about the effectiveness of the nominee as a speaker.
- Address and telephone for the nominee.

Due date for information is May 1. Please send your nominations with relevant information to the central office by that date.

NASAP now has an e-mail address: nasap@msn.com

#### Book of the Month:

## Perfect Parenting and Other Myths

This witty and innovative approach to Adlerian parenting by Frank Main is being offered to NASAP members this month at the reduced rate of \$8.76 U.S., a 20 percent discount off the retail price. Reviewed in the December, 1996 Individual Psychology Journal, this 211-page paperback is a reissue of a classic and features practical ideas on how to implement the already established tenets of Adlerian child rearing.

IP Editor Jim Bitter recommends Frank's book for advanced parenting groups; Part II of the book provides exercises for instilling encouragement and logical consequences. Members may order up to three books until the May 31 deadline. Please include postage and handling with your order, \$3.50 U.S. for one book (\$4.50 for Canada/other countries); add \$1 for each additional book.

## Seven Elected to Delegate Assembly

Delegate Assembly Elections have been completed except for Social Equality, resulting in one re-elected Delegate and seven new Delegates who will begin their terms at the May, 1997 annual meeting. They are:

Region 1B - Miller Garrison 503/940-0262

Region 2B - Susan Pye Brokaw (re-elected) (h) 612/474-3558 (w) 933-9926

Region 3A - Tom Sweeney 910/605-0203

Region 4A - Steven J. Stein (h) 301/309-1317 (w) 703/271-0111

Region 5A - Cherryetta Williams 212/316-6445

Adlerian Counseling & Therapy - Rebecca LaFountain (h) 717/533-5336 (w) 532-1654

Professional Clinicians - Chris Higgins (h) 708/349-6728 (w) 346-5169

<u>Theory & Research</u> - Mark Stone (h) 630/279-3831 (w) 312/201-5900, ext. 209

As reported in the January Newsletter, Business and Organization had a special election resulting in two new delegates:

Daniel Eckstein 602/970-0177 Edward Ted McDorman 613/232-7632

All of the above people will be meeting with the 16 continuing Delegates on Thursday, May 22, in Vancouver. Delegates who go off the D.A. at the May meeting are: Florida Bosley, Del Eberhardt, Patricia Kyle, Michael Maniacci, Lois Ingber, Michael S. Nystul, Henry J. Raymond, Mary S. Wheeler.

| Order Form  |    |
|---|----|
| This offer expires May 31, 1997   |    |
| Send copies of Perfect Parenting and Other Myths (\$8.76 ea.) (Please limit orders to 3 books)                                | \$ |
| Please add postage and handling (\$3.50 each book, \$4.50 for Canada and other countries, add \$1 for each additional book)   | \$ |
| TOTAL DUE   | \$ |
| Check or money order (U.S. funds)   |    |
| VISA/MC#  |    |
| Expires Name  |    |
| Ship to:  |    |
|   |    |
|   |    |
| Send this coupon to NASAP, 65 E. Wacker Pl., #400, Chicago, IL 60601. Credit card orders call 312/629-8801, FAX 312/201-5917. |    |

## News and Events from the Regions

#### Regions 1A - 1B

Vancouver, BC - The Adler School of Professional Psychology BC offers continuing education lectures for parents and other educators of children and youth. Edna Nash will present *People Need Encouragement Like a Plant Needs Water*, April 16; and Linda Albert will speak on A+Parenting, May 22. Both presentations will be at the Beaconsfield Elementary School. For information and tickets, call the Adler School BC at 604/874-4614 or Fax 604/874-4634.

#### Regions 2A - 2B

Chicago - The Adler School of Professional Psychology offers continuing education workshops for mental health professionals. Their spring schedule includes: ADHD, Learning Disabilities & Processing Style in Adults: Implications for Therapists with Carolyn Gralewski and Carole Proebstle, April 18-19; and, Assessment with the Myers-Briggs Type Indicator with Carole Proebstle, May 2-3. For further information. contact Carolyn Gralewski at the school, 312/201-5900, ext. 213.

Peoria, IL - Region 2A is offering a workshop here April 26-27, to be held on the campus of Illinois College. Rachell Anderson will give a presentation entitled, Child Management Skills: Techniques in Positive Parenting; and Mary Jamin Maguire will present Psychological Assessment and Intervention with Challenging Children. APA, CAADA and CE credits will be available. For further information contact Pam McKeel, 217/786-7571.

Minneapolis, MN - NASAP Region 2B announces their second annual meeting will feature a workshop April 5 with Terry Kottman presenting *Adlerian Play Therapy*. Kottman, who has written a book by the same name, will explore a child's lifestyle and helping clients understand that lifestyle. A dinner and social hour will follow. Contact Katherine Fritsche, 23751 Drexel Ave., New Prague, MN 56071, 612/758-2658, e-mail DDEGE@Winternet.com.

#### Regions 4A - 4B

Fort Wayne, IN - The Alfred Adler Institute of Fort Wayne has three course offerings in April: Counseling Children and Adolescents beginning April 4 with Susan Rudolph; Adlerian Approaches in Psychotherapy beginning April 11 with Carl Jylland; and Introduction to Psychotherapy beginning April 18 with David Jolliff. Contact Jan Richmond at 219/461-5845.

#### Regions 5A - 5B

New York - The Alfred Adler Institute of New York is presenting a workshop April 13 called, *The Crucial "C's"*, an innovative Construct for Using Adlerian Psychology with Couples, Individuals, Families and Educators. Amy Lew will be presenting. Call AINY, 212/254-1048.

**Toronto, ON** - NASAP Regions 5A and 5B will combine efforts for a full-day conference here at the Psychotherapy Institute April 26. Called, *Psychology of Protection*, the conference will feature seven one-hour presentations dealing primarily with issues involving violence and crime in our society and how parents, teachers and therapists can deal with these issues. For registration information, contact the Institute at 416/968-0640.

Montreal, QC - The Alfred Adler Institute of Quebec announces a two-day workshop with Robert Sherman, entitled Special Problems in Group Therapy: Advanced Supervision, April 11-12. Contact AAIQ at 514/731-5675 or Fax 514/731-9242.

#### Regions 6A - 6B

Tucson, AZ - The Arizona Adlerian Society offers monthly social/educational forums for its members. Lee Schnebly will present The Enneagram Typology: Another Way of Understanding Life Style on May 9. For information contact Gary or Joyce McKay, 520/885-8197.

San Francisco - The Alfred Adler Institute of San Francisco will offer their summer training program, July 18-22. Called Classical Adlerian Group Training Marathon for Psychotherapist, the program will feature seven different courses. Contact AAISF at 415/282-1661 or e-mail: 71150.302@compuserve.com.

Stein also reports he has new material on the Institute web site which offers Adlerian educational tools. Contact this at: http://ourworld.compuserve.com/homepages/hstein/

#### International

Schladming, Austria - The 30<sup>th</sup> Annual Rudolf Dreikurs Summer Institute (ICASSI) will be held here July 20 through August 2, 1997. Courses range from the introductory to the advanced level and provide theory, methodology, techniques and application in Adlerian psychology for schools, families, community and workplace. Participants may attend for one or two week For details, contact Betty Haeussler, 9212 Morley Rd., Lanham, MD 20706, Fax 301/595-0669.

#### Let's Have Another Successful Silent Auction!

#### By Patti Kyle

Our NASAP Silent Auction at our annual convention is a great way to contribute to NASAP and enjoy ourselves at the same time. Last year's auction was a great success thanks to the varied and creative donations. We need you again! We need everyone to join in the fun!

We will be having the Third Annual Silent Auction at the convention in Vancouver. We need donations of goods or services from all of you in order for it to be successful again. Whether you can come or not to the convention (We hope you can!), you can contribute "anything" to the auction.

"Anything" can be books, tapes, programs, workshops, accommodations, mementos or just about anything you can think of. Last year we had members donate a workshop, a counseling session, a chance to stay at their home, Adlerian mementos, home-made items, a dinner prepared for you and even a dance with Norman Silverman. Tapes and books and programs are a painless way to make a much needed contribution to the solvency of NASAP.

Start thinking now what you can contribute. Call or fax the NASAP office right now with your donation to the Silent Auction. We are all busy. If you don't get it done, you might forget. Phone 312/629-8801, Fax 312/201-5917.

Visiting the Silent Auction and bidding on items at the convention in Vancouver is also an important part of the process. It is fun too! It is quite conceivable that this could be the way to solve NASAP's financial worries, so even though we can all enjoy donating and bidding, there is a serious mission behind it. Please join in, we need you!

####

### Advancing the Dream... (Continued from page two)

partnership between men and women.

There is much in this "Declaration" to be excited about. There is also much in this Declaration which was incorporated by Adler over 50 years ago into his Individual Psychology. It is an effort on the part of world religious leaders which I believe moves us closer to Adler's view of a world of social equality. I would encourage all of you to explore this "Declaration" and see how closely it parallels some of Adler's thinking. The following reference should help you find it. If you cannot find it, please let me know and I will send you a copy myself:

Kung, Hans & Kuschel, Karl-Josef. (1995). A Global Ethic: The Declaration of the Parliament of the World's Religions. New York: The Continuum Publishing Company.

####

### Family Education Section To Revise Resource Directory

The Directory of Family Education is being revised at this time through the Family Education Section of NASAP. If you are involved in the teaching of classes that benefit the family, please consider contributing your information to this valuable resource.

If interested, please send the name, address, phone number, contact person and a paragraph describing what you do to Karen Lemon, 424 E. Thomson Ave., Springfield, PA 19064-2834, 610/543-6594.

#### ----News From Members---

Marion Balla recently received the 1996 Businesswoman's Achievement Award, sponsored by the Women's Business Network of Ottawa, Canada and the Ottawa Citizen Newspaper. Balla heads her own agency, the Adlerian Centre for Counselling and Education, which employs eight who work approximately 6,000 clients a year. The Centre handles a broad spectrum of counseling problems from individual and family to business, government and organization.

####

Eva Dreikurs Ferguson is scheduled to be listed in two upcoming Marquis Who's Who directories. She will be listed in the fourth edition of Who's Who in Science and Engineering, to be published November, 1997; and the 15<sup>th</sup> edition of Who's Who in the World, scheduled for January, 1998 publication. Her biography was previously included in the 21<sup>st</sup> edition of Who's Who in the Midwest.

####

Althea Poulos of Kinderschool Adlerian Nursery in Richmond Hill, Ontario reports they have a new teacher at their facility working with parents. She is Alyson Shaffer, granddaughter of Edith Dewey. Edith was active in organizing Adlerian groups in Toronto.

####

Frank Walton reports that he will be teaching Adlerian courses in three different countries in April. He and Theo Joosten will teach in Romania and at the University of Comenius in Slovakia, as part of the ICASSI Outreach Program. Frank will also teach in Clonmel, Tipperary, Ireland for the Irish Society of Adlerian Psychology.

####

NASAP Newsletter deadline for the May issue is April 8. Please send all features or news items to the central office by this date. Address and fax is on previous page, e-mail: nasap@msn.com

Non-Profit Org. U.S. POSTAGE PAID Chicago, IL Permit No. 822

MASAP Newsletter 65 East Wacker Place, Suite 400 Chicago, IL 60601-7203

## Nasap '97 Information Update

By David Lee, Meeting Planner

Vancouver! One of the most beautiful and busiest ocean ports in the world is host for NASAP '97. The University of British Columbia offers reasonable sleeping accommodations with excellent meeting facilities. Registration brochures have been mailed to thousands of prospective participants.

Traveling to Canada from any other country is easy. It is important, however, to have proper identification with you during border crossings and when arriving and departing the Vancouver airport. The best form of identification is a passport. Otherwise, a valid driver's license with a photo or a copy of a birth certificate will suffice. It is strongly recommended that if a passport is not available, at least two forms of identification with photograph should be carried.

Be sure to register early for the convention. NASAP members registering prior to April 15, 1997, can save \$25.00 off the two-day convention rate. Get those registrations in now! For further information about the convention, please call the Meeting Management Office at 612/927-6707, or the ARDEL Meeting Hotline at 800/98-ARDEL, between 8:30 a.m. and 5:00 p.m.CST, Monday through Friday. ARDEL's meeting staff will be happy to answer your questions to take your credit card registration over the phone.

Sleeping room reservations should be made directly with the UBC Conference Centre. Complete reservation information is included in the Registration Brochure. For further information, please call the UBC Conference Centre at 604/822-1010 and refer to group code #G70521A.

## ADS AVAILABLE FOR CONVENTION PROGRAM

NASAP will again accept ads for the 1997 Convention program book. The book will be open to advertising from members, affiliates, Adlerian training institutes/organizations and publishers of Adlerian books and materials.

Advertising rates are: full page  $(7-1/2 \times 9 \ 3/4)$  \$225 non-member, \$169 member; half page  $(7-1/2 \times 5 \ or \ 3-5/8 \times 9-3/4)$ , \$135 non-member, \$101 member; one third page  $(2-1/4 \times 9-3/4)$ , \$115 non-member, \$86 member; fourth page  $(3-5/8 \times 5)$ , \$75 non-member, \$56 member.

All art needs to be black and white and camera ready. Deadline for securing an ad is April 15. For details contact David Lee, ARDEL Group, 6518 Walker Street, Suite 150, Minneapolis, MN 55426-4215, 612/927-6707, or Fax 612/927-8127.

-6-