Volume 22, Number 8

October, 1989

202 S. STATE STREET, #1212 CHICAGO, IL 60604-1905

President's Report

This month includes a happy announcement of new staff at the Central Office, and the recent Executive Committee meetings.

Meet Jerianne Garber

The Executive Committee approved the hiring of Jerianne Garber in our Chicago office. She will work three days per week; the position is funded by the Clonick Estate Grant monies.

Jerianne brings a wide variety of skills to NASAP. She has worked for the Chicago School of Finance, Reuters Ltd., and Billboard magazine as a writer, photographer, copyeditor, and graphics designer. She has also been a contributor to "The Young Children's Encyclopedia."

Jerianne joins Neva Hefner and Marie Stacel as the third member of the office staff. Her duties will focus on the development of new projects, managing membership lists, and other development areas.

More than 50 applications were received for the position, and Neva Hefner and Steve Maybell interviewed more than 10 finalists. We welcome Jerianne and believe this is a major opportunity for NASAP to increase our productivity.

Executive Committee Meets in Chicago

Joyce McKay, Bob Armstrong, Ed Abelson, Steve Maybell, Guy Manaster, Neva Hefner and I met in Chicago in late September. Many of the decisions concerned conventions:

- * Recommended a charge of \$30 per presentation for use of vcrs. Fees for rentals are high and this will only defray, not cover, the costs. No charge to presenters of one-day workshops for vcr use.
- * Recommended stopping a formal, outside-exhibitor area but keeping the opportunity for Adlerian groups to have visibility at or near the Convention Bookstore.
- * Due to scheduling constraints in Philadelphia, cut 4 of the 80 presentation slots and moved the General Assembly meeting to the last session slot on Saturday.
- * Recommended the discontinuation of the Media Room, due to poor attendance.
- * Confirmed the local group's selection of noted author David Burns as the Keynote Speaker in Philadelphia.
- * Approved an effort to attract local, non-Adlerians to a special track of programs.

The annual budget appears to be at the break-even point. An extract of the entire document is printed on page two. Less than 60% of our annual income comes from membership dues, an area which concerns me.

The Delegate Assembly meets November 4 and 5 in Chicago. We will select the Philadelphia programs, begin discussions for convention sites in 1993 and beyond, and address other important issues.

Respectfully Submitted,

Don Dinkmeyer Jr., Ph.D.

President

Test Review

Children's Apperceptive Story-Telling Test (CAST)

by Mary F. Schneider

Reviewed by Mark Stone, Adler Institute, Chicago

Introduction

The Children's Apperceptive Story-Telling Test (CAST) has recently been published by Pro-Ed. It was authored by Mary Schneider of National College of Education who is also an adjunct professor at the Alfred Adler Institute of Chicago (AAIC). Jan Perney was statistician for this project and Mary and Jan are now giving workshops on use of the CAST. They did a workshop for AAIC in August and will do another one for AAIC in the winter. Plan to attend one of their presentations.

The CAST was developed for use in school and clinical settings with children ages 6 through 13. The CAST has four principal uses according to the author: "identification of social, emotional, and/or problems in children; intervention planning, documentation of therapeutic change and research." The CAST continues the tradition of protective testing in psychological testing with an especially notable addition: this instrument is normed on a nation-wide sample. The conceptual orientation of the CAST is based upon Individual Psychology. Ruth Munroe (1955, p. 428) credits Adler whose "routine request for a first memory was actually the first approach toward the projective methodology now so widely used."

The CAST test materials consist of a comprehensive test manual, 17 stimulus picture cards and a 4-page record form. The manual is one of the best and most comprehensive ones

--Continued on page 3 -->

Philadelphia: NASAP 1990

"Words may show a man's wit, but actions his meaning."

--Benjamin Franklin

- * Workshops for the Convention were selected at the EC meeting. Look to next month's Newsletter for the complete list.
- * Convention programs will be selected November 4/5 during the Delegate Assembly meeting in Chicago. If you submitted a program proposal, you will be notified later in November.
- * The NASAP Continental Social Interest Award, given each year during the convention, is open for nominations. Contact Neva Hefner for additional information. Previous recipients include Jimmy Carter, Steven Glenn and Nicholas Ionedes.

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ICASSI Scholarships

Scholarships for ICASSI '90 are available to qualified applicants. The international scholarships include tuition, accommodation, and meals. Other scholarships are available for full or partial tuition.

Applications for all scholarships may be obtained by writing to:

Dr. Oscar Christensen ICASSI Scholarship Chairperson 7002 Soyaluna Place Tucson, AZ 85715

All scholarship applications require a letter of reference from a present or past Board or faculty member of ICASSI. It is suggested that applicants prepare for these requirements far in advance of the March 1st, 1990 closing date on scholarship applications.

ICASSI 1990 will be held at Hamilton College in Clinton, NY, July 23 through August 3, 1990.

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Membership

Interest Sections			
	1988	1989	
ACT	227	242	(+15)
Clinicians	80	87	(+ 7)
Education	103	109	(+ 6)
Family Education	122	132	(+10)
Theory & Research			(+ 6)
Geographic Regions	5		
	1988	1989	
1 Northwest	115	118	
2 Midwest	268	282	
3 South	195	187	
4 Middle Atlantic	: 141	136	
5 Northeast	232	226	
6 Far West	155	157	
International	25	26	
TOTAL Membership	1,117	1,132	(+15)

Budget Summary

The following is a summary of the major budget items for NASAP:

Income

Membership	60,000
Convention profits	25,000
Journal Royalties	3,500
Donations - members	2,500
Donations - Regions/sections	1,000
Interest, Clonick Funds	7,000

Expenses

Central Office personnel	41,600
Journal	15,000
Central office - rent, etc	22,100
Newsletter	5,000
DA and EC expenses	6,500

The purpose of this information is to give members an idea of the sources of income and expenses, and relative amounts. At this time, NASAP is close to balancing an annual budget, which includes the above items, of \$107,000. A complete statement is available from the Central Office upon request.

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Video Fundraising

"Adler on Adler", a 140 minute video by Dr. Howard Garrell, is available for fund raising events and other Adlerian meetings. A 20 minute sampler of excerpts is also available.

To contact Dr. Garrell on this opportunity, fees, and arrangements, please contact him at Old Pond Road, Salem, NY 10590 or call 914-763-5916.

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Newsletter Deadlines

To improve timeliness of the issues, we will be moving deadlines <u>forward</u>. Please note the following changes:

* December and future issues, deadline is the 1st of the preceding month.

NASAP NEWSLETTER The North American Society of Adlerian Psychology

Vol. 22, No. 8

October, 1989

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor ISSN 0889-9428

* News and Events from the Regions *

[Note: The * symbol indicates a new listing]

REGION I--NORTHWEST

Vancouver--APABC schedule for 1989-90, features courses taught by Jim Croake, Harold Mosak, Clair Hawes and Robert Armstrong. For a complete schedule, contact APABC, 210-2525 Manitoba St., Vancouver, NC V5Y 3A7, 602-874-4614.

*Seattle--The Puget Sound Society of Adlerian Psychology announces a one-day workshop with Jane Griffith and Robert L. Powers for Saturday, December 2nd on "Interventions in the School and Clinic". The event is co-sponsored by AIAS, Ltd. It offers 6 APA or NBCC CE hours, BRN and Physician's Category II credits. Contact: Marcia Mullins, 2600 E. Helen Street, Seattle 98112 (206) 368-3630.

REGION II--MIDWEST

*Chicago--Family Education Centers of Northern Illinois, co-sponsored by the Adler Institute of Chicago, announces a series of workshops running through April, 1990 at four sites: Highland Park, Downers Grove, and Arlington Heights, and the downtown Chicago AAI site. Each provides a monthly lecture or counseling demonstration. All programs open to the public. For a complete schedule, contact Bryna Gamson, Adler Institue, 618 S. Michigan Avenue, Chicago 60605, or 312-294-7100.

Chicago - The Americas Institute of Adlerian Studies (AIAS), Robert Powers, Clinical Psychologist, Chairman, offers coursework throughout the year in three sites: Chicago, San Diego, and Columbia, SC. In Chicago, "Understanding Personality Development and Dynamics", October 19-21. All AIAS courses lead to the Certificate of Professional Studies in Individual Psychology, 30 APA or NBCC credit hours per course, BRN credit available, physicians may claim category 2 credit. Courses may be taken in any sequence and at any location Contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

Ft. Wayne—Alfred Adler Institute of Ft. Wayne has issued the fall class schedule. Classes include work with Ron Pancner, Seymour Schneider, Norman Silverman, and Harold Mosak. A complete schedule is available, and lodging is available for out of town students for \$20/night on a space available basis. For the complete schedule, contact: Kristin Pancner at 219-432-3085.

REGION III -- SOUTH

*Atlanta--"Couples Therapy" with Dr. Roy Kern, Monday, October 30, 7-9pm. Sponsored by the Atlanta Adlerian Society; conducted at Georgia State University Urban Life Conference Center. Free to AAS members, \$6 non-members. Contact: Ann Haseltine at 874-2116.

Columbia, SC--AIAS offers "Applying Psychological Skills" Nov 2-5, see Chicago notice for complete program details. Contact: Carey A. Washington, 803-765-7770 (daytime) or AIAS-Chicago.

*El Paso, TX--"Adlerian Family and Marital Counseling", a workshop with Don Dinkmeyer, Sr., November 17th. Contact: Jaime Galindo, El Paso Professional Growth Assoc., 915-525-0373.

REGION IV--MIDDLE ATLANTIC

*Montreal--AAI-Quebec offers C501, Introduction to Professional Issues, with Mark Stone, November 25/26 and December 9/10; C202, "Clinical Aspects of Substance Abuse" with Helen Cooley on November 17-19 and January 5-7. A brochure outlining the Institute's complete courses and services offerings is available. Contact: AAI-Q, 4947 Grosvenor Ave., Montreal, Qc., H3W 2M2, (514-731-5675).

REGION V--NORTHEAST

New York City--The Alfred Adler Institute has issued a new brochure listing their postgraduate training institute coursework for mental health professionals. Contact: AAI-NYC, 1841 Broadway #410, NY, NY 10023, 212-923-5600 or 974-0431.

New York City--Friday, October 13,
"Empowering the Family" with noted family
therapist Evan Imber-Black, co-sponsored by
the New York Committee of Region V, held at
Queens College. Contact: Sylvia Robbins at
516-487-7243.

REGION VI--FAR WEST

Berkeley, CA--AWIRTH will conduct marathons on October 7; fall course schedule available. Contact: Dr. Lucy Ackerknecht, AWIRTH, 226 Stanford Ave,, Berkeley, CA 94708 415/524-4929.

Santa Rosa, CA--Marathon Group Therapy & Personal Growth Experience, November 11, 8:30am - 6pm, groups limited to 10; conducted by Lynn Lott. Women's Support and Problem Solving Groups, Tues-Wed-Thurs and Couple's Groups Wednesday evenings. A number of other services and events will be offered during the next year, and are outlined in a brochure. Contact: Lynn Lott, Summerfield Counseling and Educational Services, 4765 Hoen Ave., Santa Rosa, CA, 707-526-3141.

*San Diego, CA--AIAS-San Diego County offers "Applying Psychological Skills", February 3/4 and 17/18, 1990. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.

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Events listed on this page must be of general interest to the membership, open to outsiders, and have a contact person.

Send listings to the Central office by the 1st of the month preceding publication. Include contact person, address, and telephone number.

Items may be telephoned to Neva Hefner at 312-939-0834.

IEI Elects Practitioner President; Corsini retires from C4R Movement

At the annual meeting in Minneapolis, Individual Education International (IEI) elected Claudia Milliren as President. She is the first IEI President who also runs a school committed to the C4R design--Blooming Grove Academy, which opened its doors in 1986.

IEI is the support organization for the Corsini Four-R (C4R) schools. Frank Walton, Tim Evans, and Bill Kiskaddon were also elected officers of IEI.

Raymond J. Corsini, founder of C4R, announced his retirement from the movement in a letter to IEI members. Quoting from his letter:

"Twenty-one years ago, at the age of 54, I began to conceptualize what has become the C4R system of Individual Education...At the age of 75, I have decided that the best thing I can do now for C4R is to retire-completely, and to leave the fate of this organization and the system to the tender care of others...

I now believe that in view of the fact that we have some 20 university professors in IEI, and a considerable volume of objective and subjective research evidence of the value of C4R as an educational system, that now is the time to get major funding so that a new beginning can be made...

I have played my role. The next steps are up to others. May you succeed."

Raymond J. Corsini Honolulu, Hawaii

[For more information on C4R, contact Claudia Milliren, 1201 1/2 North Clinton, Bloomington, IL 61701 309-827-6382.]

(Editor's Note--A complete manual on the C4R system is offered as one of our Books of the month in the column to the right. I highly recommend it.)

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IAIP Journal Created

The International Association for Individual Psychology (IAIP) has announced the re-establishment of an international Journal for Individual Psychology.

Hal McAbee has been named temporary Managing Editor, and Heinz Ansbacher has agreed to serve as Honorary Editor. The goal is to produce an initial marketing issue for distribution prior to and at the 1990 Congress in Abano, Italy.

For more information on the Journal, contact Hal McAbee, 2421 Kelford Lane, Bowie, MD 20715.

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Any NASAP member interested in serving on the Editorial Board for the Practice and Application section of our Journal, Individual Psychology, please send a letter of interest and recent vita to: Jon Carlson, Editor, Route 4, Box 860, Lake Geneva, WI 53147

Books of the Month

This month we feature three NASAP-published books and manuals.

Adlerian Resource Book \$10

Edited by B.L. Bettner
Contains contributions from more than 50
Adderian counselors and therapists for use
with clients, self-development, publicity and
more. "One idea is worth the price!", 77 pages

Alfred Adler as we Remember Him \$5.95

A historic, inexpensive book which contains recollections from those who worked with Adler, as clients and fellow professionals.

Corsini Four-R System S10

NOW AVAILABLE--the definitive resource book on C4R, 13 chapters, more than 100 practical issues. If you are interested in the schools, this sparks thought and movement. 120+pages

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Please	send	c	opies	of	Adle	ria	n Re	esource
Book at	\$10	each.	(Add	\$3	p/h,	\$4	to	Canada

Please send ___ copies of <u>Alfred Adler as we</u> Remember Him at \$5.95 each. (add \$1 p/h)

Please send ___ copies of $\underline{C4R Manual}$ at \$10 each. (add 3p/h, \$4 to Canada)

Note: Maximum p/h for an order is \$5, regardless of size

Method of Payment

Check enclosed (US Funds)
Bill my Visa or MasterCard:
Account # Exp Date
Please add appropriate postage and handling for your order. See above for correct prices.
Total materials + p/h = \$
Ship To:

- Please Note -

- * This offer is good until December 1, 1989.
- * NASAP receives a percentage of your purchase

Send your order to:

NASAP Book Sales 202 S. State Street, #1212 Chicago, IL 60604

If you are interested in having a book reviewed or serving as a reviewer, contact the central office.

--CAST Review, continued from page 1

for a new test that I have ever reviewed. text is more than 100 pages with another 100 pages of appendices. The manual gives an excellent introduction to the rationale of the test. The instructions for administration are very detailed and the scoring criteria are sufficient to help examiners understand how to score and interpret responses. The CAST was designed to address a multicultural audience and the normative sample and test pictures were developed to meet that objective. CAST is an individually administered projective test that requires the examiner to be well trained in psychometrics, psychopathology and projective testing. Individuals lacking this background should not be using the instrument.

The CAST addresses the following criteria using 15 scales and 6 indicators:

Adaptive Thematic Scales

Instrumentality
Interpersonal Cooperation
Affiliation
Positive Affect

Nonadaptive Thematic Scales

Inadequacy Alienation Interpersonal Conflict Limits Negative Affect

Adaptive Problem-Solving Scales

Positive Preoperational Problem-Solving Positive Operational Problem-Solving

Nonadaptive Problem-Solving Scales

Refusal Unresolved Negative Preoperational Problem-Solving Negative Operation Problem-Solving

Thematic Indicators

Sexual Abuse
Substance Abuse
Divorce
Hypothetical Thought
Emotionality
Self-Validation

Adlerian theory, especially on social competence, as well as the research on problem solving is utilized to analyze responses to the stimulus picture cards of the CAST.

TECHNICAL ASPECTS

The CAST manual does an excellent job of orienting the user to test rationale, administration, scoring and interpretation. The characteristics of the normative sample based upon the 1980 Census are clearly and carefully described.

Information on reliability and validity are given according to APA recommended standards with content, criterion and construct validity information provided. Content validity was assessed by a large number of therapists who

provided input. Construct validity is less ably demonstrated. For example, the one factor analysis cited could have been replicated by dividing the sample data into two or more data sets to verify the factor loadings given. To the authors credit, a large variety of sub-sample are cited with accompanying data sets used to argue for construct validity. Criterion validity is demonstrated by validity coefficients between the CAST and Robert's Apperceptive Test for Children.

Test reliability data is given for interrater reliability, test-retest reliability and internal consistency. I consider the internater reliability coefficients to be exceptionally high given that the major task of an individual test is to have all the examiners score all responses consistently. The manual indicated that the "medians of the reliability coefficients for all 15 scales were in the .90 range." I consider these values spuriously high due to the fact that a statistic for continuous data (Pearson product moment) was computed on data that is discontinuous. Furthermore such a statistic capitalizes upon chance ratings given by examiners. I would recommend evaluating the interrater reliability data with a different statistic to control for chance and discontinuity.

CRITIQUE

The CAST is a welcome addition to clinical assessment. I was impressed by the extensive manual that accompanied the instrument. It is an excellent model for other test authors to emulate. The normative orientation of the CAST bodes well for how projective instruments can be developed to substantiate observed scores and interpretation hypotheses.

The trained examiner will find all the instructions and tables necessary to appropriately use the CAST. I caution less trained persons to refrain from using the instrument. More research is required on reliability and validity and I have already expressed some of my concerns about the data.

It is a pleasure to introduce this instrument to potential users and I hope that new users will provide some of the impetus required to increase research knowledge about the CAST and supplement the excellent work of Mary Schneider and Jan Perney.

References

and psychological testing. American Psychological Association: Washington.

Beckman G. (1989). A concurrent study of the Children's Apperceptive Story-Telling Test as compared to the Robert's Apperceptive Test for Children. Unpublished master's thesis, National College of Education, Evanston, IL.

Munroe, R. (1955). Schools of Psychoanalytic Thought. New York: Dryden Press.

Schneider, M. (1989). Children's Apperceptive Story-Telling Test. Austin, TX: Pro-Ed.

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Upcoming Conferences

February 1 - 4 Vancouver, British Columbia Tuning In '90

contact:
Jeri Griffiths
APABC
210-2525 Manitoba Street
Vancouver, BC V5Y 3A7
(604) 874-4614

February 23 - 25 Orlando, Florida Region III Conference

contact:
Don Dinkmeyer, Jr., Ph.D.
236 Crestlake Way
Bowling Green, KY 42104
(502) 781-9529

July 22 - August 3 Clinton, NY 23rd Annual ICASSI

contact:
Roland Hawes
2419 Bellevue #113
West Vancouver, BC V7V 4T4 Canada

Membership Information

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

Please send memembership brochures
Please send meextra Newsletters
Please send meInterest Section information panels.
Your name, address, city/zip-postal code:

___Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest. Thanks for your support of NASAP!