

North American Society of Adlerian Psychology

Volume 17. Number 5

September-October 1984

159 N. DEARBORN STREET CHICAGO, ILLINOIS 60601

NEWSLETTER

PRESIDENT'S MESSAGE

E.C. and D.A. to Meet in Chicago

By the time you receive this message the Executive Committee (E.C.) will have met (the last week of August), in part to prepare for the Delegate Assembly (D.A.) meeting to be held in Chicago, November 2-4, 1984. The E.C. will also have put the finishing touches on plans for the NASAP-sponsored Alfred Adler Memorial Workshops on November 2nd in Chicago to be given by Robert L. Powers and Jane Griffith on "Stress and Gender," and by Roy Kern on "Stress and Lifestyle."

The Functions of the E.C. and D.A.

The E.C. will have dealt with the wide variety of matters which go on in an organization such as ours--all of the financial and organizational patting and pushing that gets things done and keeps us afloat. Basically it is the function of the E.C. to assist, facilitate, cajole, supervise, liaison, and oversee; to see that the policies sent by the D.A., and the continuing work of the Society, are carried out, and carried forth. The function of the D.A. is to set policy, give direction to the Society, and provide general oversight.

The Role of the Central Office Staff

Our Staff (Neva Hefner and current Assistant, Sarah Hefner) handles all of the detail, all of the paperwork, and keeps the E.C. and D.A. on track. Anyone who has been involved, and/ or read these pages, over the years knows that Neva is terrific. And anyone who knows this kind of work knows that our staff is not sufficient. Since we do not have the money for more staff, the members of the E.C. and D.A., individually and as committees, often must do more than the statements of their functions dictate.

Tasks Facing the D.A.

On the one hand, we can take pride in the great amount of work accomplished each year by the Delegates beyond the call, and definition, of their duty. On the other hand, I beleive the press of limited staff and limited funds has

created a less than optimal situation. In my opinion much too much time in D.A. meetings is spent on the particulars of tasks. The Assembly meets for less than four days each year. The Time is precious. Many of the issues and ideas the Assembly confronts are important, grand and complex. To the extent that the Assembly discussion gets bogged down with the particulars and complexities, other issues, new ideas, policy and value questions are not raised or debated. To the extent that the Assembly dwells in the particulars of the moment we lose our potential for influencing the future.

Moving Closer Toward our Goals

Tremendous headway has been made in the organization and functioning of the Society. I believe that now is the time to take another step so that the Assembly can provide wisdom and direction, and the E.C. and the Staff can provide the specifics so that more active members can participate and contribute.

Our aims are lofty. Our means are limited. Our vision and energy is boundless. I intend to work with the E.C. and the D.A. to refine our organization in order to make better use of our energy, clarify our vision, and move closer to our goals.

Toronto Helps!!

On our last NEWSLETTER, I raved about the job the Alfred Adler Institute of Ontario, Steven and Susan Moore, did in putting on last May's Convention. Now we hear that financially the Convention was also a huge success. The Society's income from the Toronto meeting will exceed our expectations by 50%! Marvelous, and thanks again.

Now, On to Atlanta...

NASAP'85, again to be held at the end of May, will be in Atlanta, Georgia. It is being hosted by the Atlanta Adlerian Society. We are looking forward to another rewarding and successful Annual Convention.

Guy J. Manaster

President



Book Reviews

A Jungian Tribute to Adler

James Hillman, a Jungian scholar and therapist, has written a book entitled, Healing Fiction, (Barrytown, NY 12507: Station Hill Press, 1983; available from Ram & Goat Press, P.O. Box 222069 Dallas, TX 75222, \$8.50), which deals in three chapters with the approaches of Freud, Jung and Adler. Hillman credits Adler with having made a "deliteralizing move which neither Freud nor Jung could"(p.104). "Where Freud and Jung give us [objective] meanings, Adler [in his subjectivist psychology] forces us to see through our meanings. As such, Adler is a forerunner of what is called 'post-modern consciousness'"(p.110).

One of the merits of Hillman's chapter is his recognition that Jungian approaches are "remarkably similar to aspects of Adlerian thought" (p.113). Further, Hillman observes that Freudian and Jungian psychologies try to answer the question: "What does the soul want?," whereas Adler emphasizes that it is "not what the soul wants--but that it wants" (p.129). To this we may add that when Adler was once asked, "What is the most important thing in life?," he replied, "What you don't have" (Cooperation Between the Sexes, p. 400).

The sophisticated Adlerian reader will not want to miss this book.

--Heinz L. Ansbacher Burlington, Vermont

Mother and Daughter: Death and Rebirth

Sioux-Zen Glick and Jordana Glick's The Only Way You Get to Keep It Is to Give It Away!!! (Houston: Synergy Press, 2370 Geosource Plaza, 71 pp., \$9.00, paper) is overflowing with personal experiences of death and rebirth for me, yet I did not write one word of it. Mother and daughter herein record their awareness of inner death and rebirth over the years. I met the mother (Sioux-Zen) on a day I was told of the accidental death of a good friend. She attended my death and dying workshop that day in order to mourn the death of her son, Richie, to whom the book is dedicated.

The book is illustrated with photographs by Jim, a Vietnam veteran who sought treatment at my natural high program in Houston's V.A. hospital. Sioux-Zen was a volunteer when Jim was in the hospital ward. It was after Jim's successful rehabilitation that he and Sioux-Zen collaborated on this book. Jim died of a heart attack while the book was in press. A "Balancing Birth" is daughter, Jordana, who participated in my psychodramas and may enter that field.

The commentary is written by Norman Cousins, whose self-disclosures on living a transformed life and his practice of humor brought amillion-fold more life into that field than all of my research could possibly do.

To add to the inter-connections, all donations go to the Franzheim/Buckminster Fuller Synergy Trust Award, which continues to encourage me in many ways.

--Walter E. O'Connell Houston, Texas

* L * E * T * T * E * R * S *

Newsletter readers are encouraged to send their thoughts, ideas, comments, criticisms related to items published in the Newsletter or to NASAP and Adlerian Psychology in general, for publication in this column.--Eds.

NASAP Resolution on Environmental Protection

I am most grateful to the Delegate Assembly at the Toronto NASAP Conference for accepting unanimously the Resolution on the Environment Protection proposed by Maurice Bullard, Robert Powers, and myself. You have proved by that that you are aware of the urgent importance that individual Adlerians and their local committees actively cooperate with the environmentalists and their community. The need to protect the environment becomes obvious every day. Perhaps some of you may want to cut out the text of the Resolution and place it in your office.

--Joseph Meiers New York, NY

RESOLUTION ON ENVIRONMENT

WE SEE IN THE ENVIRONMENTAL MOVEMENT A LOGICAL AND ULTIMATE EXTENSION OF THE SOCIAL INTEREST, AND WE COMMEND TO EVERY MEMBER OF NASAP A LIVELY AND ACTIVE INTEREST IN THE AFFAIRS OF THE VARIOUS SOCIETIES AND ASSOCIATIONS WHICH HAVE ADDRESSED THEMSELVES TO THE DEFENSE OF THOSE UNIVERSAL CONDITIONS UPON WHICH ALL LIFE NOW, AND IN THE FUTURE, DEPENDS.

Newsletter Deadlines

October 1 - November-December '84 issue December 1 - January-February '85 issue



NEWSLETTER

North American Society of Adlerian Psychology

Vol. 17, No. 5

September-October 1984

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/346-3458.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor Sarah E. Hefner, Assistant Editor

CALENDAR

- Oct. 12-13--Midwest Society of Individual Psychology 20th Anniversary Celebration, St. Louis. Family counseling demonstration and 9 workshops. <u>Contact</u>: <u>Betty</u> <u>Cooper</u>, President of MSIP, 3770 McKelvey Road, Bridgeton, MO 63044; 314/291-6822.
- Oct. 18-21--Region IV--Middle Atlantic conference, Harley Hotel, Cleveland, Ohio. Harold Mosak, keynoter, Contact: Mary Caldwell, Joe Dittmer, P.O. Box 26951, Strongsville, OH 44136.
- Oct. 27-28--Inaugural conference of Alfred Adler Institute of Washington, D.C., National 4H Conference Center, Chevy Chase, MD; Kurt Adler, Heinz Ansbacher, Albert Ellis, Bernard Shulman, presenters.
 Contact: AAI of Washington, D.C., 4014 Georgia Ave., N.W., Washington, DC 20011.
- Nov. 2--Alfred Adler Memorial Workshop; Stress and Gender, Robert L. Powers and Jane Griffith; Stress and Lifestyle, Roy Kern Executive House, Chicago. Contact: NASAP, 159 N. Dearborn, Chicago, IL 60601.
- Nov. 2-4--First Annual Region I--Northwest Conference, Eugene, Oregon, Harold Mosak and Sadie Dreikurs main speakers. Contact: Gary Bruner, OSIP, 22325 Bear Creek Road, Bend, OR 97701.
- Nov. 2-4--Second Midwest Psychodrama Training Institute & Conference, Americana Congress Hotel, Chicago. <u>Contact:</u> Governors State University, Office of Conferences and Workshops, University Park, IL 60466. # # # # #

COURSES / WORKSHOPS



The Adlerian Western Institute for Research And Training in Humanics (WIRTH)

FRIENDSHIP

Fall Quarter Classes: Oct. 4 thru Dec. 13

Autogenic Training, 7:00-7:15 p.m.

Course No. T102, Basic Individual Psychological Processes I, 7:15-8:40 p.m.

Course No. C102, Marriage and Partnership Counseling I, 8:50-10:15 p.m.

Oct. 14 - Counseling Marathon Nov. 18 - Counseling Marathon

All classes taught by Dr. Lucy K. Ackerknecht and Dr. Katherine Czesak.

Dr. Lucy Ackerknecht Contact: WIRTH

226 Stanford Ave. Berkeley, CA 94708 415/524-4929 or 531-5239

AAI of Chicago

Classes meet at 159 N. Dearborn and are conducted once a week for a two-hour period for eleven weeks, unless otherwise noted.

- Oct. 1.8,15..322 Individual Psychological Treatment, Dorothy E. Peven, Mondays 5-8 p.m.; Sundays 9:30 a.m. Oct.28, Nov. 4 -4:30 p.m.
- Oct. 2 101 Introduction to Individual Psychology I, Harold Mosak, Tuesdays, 5-7 p.m.

312 Clinical Assessment II, Sherwood Perman, Tuesdays, 7-9 p.m.

- Oct. 7,21....105 Descriptive Psychopathology (Abnormal Psychology), Sherwood Perman, Sundays, 9:30 a.m.-4:00 Nov.4,11
- Oct. 7.....302 Psychodynamics of Psychopathology II, Ronald Forgus, 9:30 a.m. -4:30 p.m.; continues Oct. 10, 5-9 p.m.; Oct. 20, 9:30 a.m.-4:30 p.m.; Oct. 24, 5-9 p.m.
- Oct. 9......441 Seminar in Alcoholism Counsel-ing, Helen K. Cooley, CAC, Tuesdays, 7-9 p.m.
- Oct. 16.....341 Family Counseling, Bernice Grunwald, Tuesdays, 4:30-6:30 p.m.
- Oct. 19-22...336 Group Therapy: An Experiential Course, Leo Lob1, 9:30 a.m.-4:00 p.m.
- Oct. 22.....471 Continuing Case Seminar, Bernard Shulman, Mondays, 6-8 p.m.
- Nov. 17,.....502 Small Group Supervision, Dec. 8 Seymour Schneider, Saturdays, 9:30 a.m.-4:00 p.m.
- Nov. 18.....Advanced Life Style Workshop, Bernard Shulman, Sunday only, 10:00 a.m.-4:00 p.m.

New course being offered -- #498 Thesis Design and Development, Gerald Mozdzierz

Sept. 11, 5:30-9:30 p.m.; Sept. 29, 9 a.m.

- 4 p.m.; Nov. 8, 5:30-9:30 p.m.;

Dec. 1, 8 a.m.-4 p.m.

Contact: AAI of Chicago 159 N. Dearborn Chicago, IL 60601 312/346-3458

* * *



AAI of Ontario

All courses and workshops will be held at the Ontario Institute for Studies in Education Building, 252 Bloor St. West (at St. George) unless stated otherwise.

Times: (Courses) Sat. 9:00 a.m.-4:30 p.m. Sun. 9:30 a.m.-4:30 p.m. (Workshops) Sat. 9:00 a.m.-4:00 p.m. Sun. 9:30 a.m.-4:00 p.m.

Sept. 22,23,29--101 Introduction to Individual Psychology I, James W. Croake

Sept. 29,30,0ct. 21--321 Comparative Theories of Psychotherapy, Robin S. Gushurst

Oct. 20,21,27--102 Introduction to Individual Psychology II, James W. Croake

Nov. 24,25,Dec. 1--322 Individual Psychological Treatment, Harold H. Mosak (Non-degree credit)

Nov. 9-11--Life Style Experience: A Practicum, Stanley Shapiro, Fri. 7 p.m., Sat., Sun. 9 a.m.-4 p.m.

Dec. 1,2,8--105 Descriptive Psychopathology, James W. Croake

Contact: AAI of Ontario, Toronto Office Suite 407, 1111 Finch Ave. West Downsview, Ontario M3J 2E5 Canada 416/665-1400



AAI of Quebec

Classes are held at Institute of Community and Family Psychiatry, 4333 Cote St. Catherine (one block West of Jewish General Hospital)

Time: Sat. 9:30 a.m.-4:30 p.m. Sun. 9:00 a.m.-3:00 p.m.

Sept. 22-23, 29-30--Introduction to Individual Psychology 101, Heinz L. Ansbacher

Oct. 13-14, 27-28--Introduction to Individual Psychology 102, Seymour Schneider

* * *

(Please note: Sept. 22-23 course was listed incorrectly in last issue of newsletter as 23-24).

Contact: AAI of Quebec 4939 Grosvenor Ave. Montreal, PQ H3W 2M2 Canada 514/731-5675

AAI of San Francisco

Sept. 8, 29--Early Recollection & Life Style Interpretation Seminar

Sept. 13-Dec. 13-Beginning Case Study Seminar

Sept. 17-Dec. 10--Intermediate Case Study Seminar

 $\frac{\text{Oct. 22}; \text{ repeated } \underbrace{\text{Nov. 17--One-day introductory}}_{\text{workshop on }} \text{ } \frac{\text{Nov. 17--One-day introductory}}{\text{the Theory \& Practice of}}$ Adlerian Psychology

All of the above are led by Henry Stein

Sept. 15-Dec. 8--Continuing Case Study & Master Class, Sophia J. deVries, Henry Stein

For information about courses and the full certification program, including credit toward a doctoral degree at Columbia Pacific University, San Rafael, contact:

> Henry T. Stein, Director AAI of San Francisco 1580 Valencia St., Suite 801 San Francisco, CA 94110 415/282-1661



The Americas Institute of Adlerian Studies

AIAS offers a three-course Program for Professionals in Individual Psychology. Participants taking all three courses and writing a paper in each may earn the AIAS Certificate of Professional Studies in Individual Psychology.

AIAS is approved by the American Psychological Association for the continuing education of psychologists. Participants may earn 2 graduate credits per AIAS course through AIAS's affiliation with Roosevelt University, Chicago.

Understanding Personality

Sept. 18-21 Los Angeles Oct. 17-20 Dec. 3-6 San Antonio Chicago

Assessing Individual and Group Styles

Oct. 12-15 Nov. 8-11 Tucson Philadelphia

Cheryl H. Wergin Registrar, AIAS 600 N. McClurg Ct., Suite 2502A Contact:

Chicago, IL 60611

* * *

312/337-5066



The Cleveland Institute for Adlerian Studies

Nov. 1.....T.I.M.E., Don Dinkmeyer, Sr. 2.....Step/Teen, Don Dinkmeyer, Sr.

Nov. 17.....Anxiety: An Adlerian View, Dorothy Peven

<u>Contact</u>: The Cleveland Institute for Adlerian Studies P.O. Box 36951

Strongsville, OH 44136 216/225-8925 or 468-1646 * * *

Midwest Society of Individual Psychology
in cooperation with
Webster University

(St.Louis)

Sept. 15,22--Encouragement: The Vital Link in Relationships, Betty Cooper, 8:30 a.m.-4:30 p.m., Webster University Campus

Oct. 13, 20--Issues in Adlerian Psychology,

Betty Cooper, Jean Alessi, 8:30 a.m.4:30 p.m., (13th) at Hoffman House, 270
and Dorsett; (20th) at Webster University
Campus

Nov. 10, 17--Motivation: Personality Theory and Human Movement, Jean Alessi, 8:30 a.m. -4:30 p.m., Webster University Campus.

Contact: Karen Freeman

Webster University

MAT In-Service Education Office

314/968-7087

or

MSIP 314/291-6822

INTEREST SECTIONS

Adlerian Counseling and Therapy (ACT)

At its meeting in May, ACT chose a Leadership Council to keep the Section moving until the By-Laws are officially accepted. They are:

Tom Edgar, Coordinator; Renee Dushman,
Treasurer; Lee Applegate, Secretary; Georgia
Bichekas and Steve Cunningham, Members-atLarge. Tom Beames is the ACT Newsletter
Editor for the current year.

Correction—dues were incorrectly listed in the last issue of the Newsletter. The yearly dues for ACT are \$10 and run from May to May. Checks should be made payable to ACT and sent to: Lee Paxton Applegate

1257 Elm Manor Dr. San Antonio, TX 78230

Contact: Tom Edgar, Box 8225, Idaho State University, Pocatello, ID 83209. 208/236-3156.

OF GENERAL INTEREST

Retirement and Floy C. Pepper

An increasing number of letters from our more senior members; namely retiring Adlerians, are reaching NASAP's central office. Each seems to reflect mixed experiences. Here is one example:

Regarding retirement, Floy C. Pepper, NASAP member since 1974 and retired teacher since 1983, says, "it is not for me," and that hers was initially "an ungraceful retirement." Gilbert, Floy's husband and retired since 1975, found his wife constantly underfoot, disrupting his daily routine. In order to resume his once happy household activities, Gilbert decided to assist Floy in finding a job.

After three months, their joint efforts were successful, when in the summer of 1983, Floy assumed a position in Indian Education with the Northwest Regional Educational Laboratory. Her major assignment was the publication of a manual based on Adlerian principles for use by teachers of Indian students.

In the past year, Floy's "retirement" schedule has been an active one, including teaching at Portland State University, with Maintaining Sanity in the Classroom as text; leading workshops and presenting in Alaska, California, Idaho, Montana and South Dakota; keynoting at two educational conferences; co-directing the Rudolf Dreikurs Institute; counseling and leading Parent Study Groups, and the receipt of an award as the Indian Teacher of the Year in the State of Oregon.

Now, what does Floy think of retirement? Well, she doesn't...she'll give.it some thought when she's 70 or 75,or maybe 80!



NASAP '85

May 24-27, 1985 Omni International Hotel Atlanta, Georgia

A few openings remain for Pre- and Post-Convention Workshops for NASAP '85 in Atlanta. If you are interested in presenting a <u>full-day</u> or <u>half-day workshop</u>, please send a brief program description including your address and telephone number to:

Maria D. Francis, Program Coordinator College of Arts and Sciences Georgia State University University Plaza Atlanta, GA 30303-3088 404/658-2297

The 33rd Annual Convention of NASAP in Atlanta is sponsored by the Atlanta Adlerian Society. For further information, contact:

Gaye Schneider, Coordinator 6669 Witherington Ct. Norcross, GA 30093 404/496-0254

Get acquainted with fellow Adlerians in the International City of the South...Atlanta!



Coping with Kids...

Linda Albert's Advice for Coping with Kids is now available in paperback from Ballentine Books at \$2.95. Linda expresses her hope that the low cost will enable Study Group Leaders to use Coping with Kids as a companion volume to Children: The Challenge, STEP or Active Parenting.

Linda has noted that she will again donate her "Coping with Kids" column free for use in Adlerian newsletters. About 20 groups across the U.S. and Canada now use the columns. Interested groups contact: Linda Albert, 5238 Bon Vivant Drive, #74, Tampa, FL 33603.

Coping with Kids and Schools is Linda Albert's newest book, now available to NASAP members at a cost of \$12.00 plus \$.75 postage through the Family Education Center of Florida (list price is \$13.95). Linda discussed her new book on the "Today" show on August 29, 1984. Contact: FEC of Florida, Dept. A, P.O. Box 7236, Tampa, FL 33673.

Journal Correction

NASAP members and subscribers to our quarterly journal, Individual Psychology (IP), may have been confused by the mislabeled cover of the June, 1984 (40:2) issue, incorrectly subtitled as a special issue: "Adlerian Psychology and Special Needs Children." IP Editor, Jon Carlson, has passed on information from the journal's publisher, University of Texas Press, in which apologies were made for the error. The publisher will run an Erratum explaining the error in the next journal issue.

Adlerians Interviewed on In-Law Relationships

In the June/July, 1984 issue of Brides magazine, psychology writer Myron Brenton interviews NASAP members Ellen Mendel, psychotherapist affiliated with the Alfred Adler Mental Hygiene Clinic in New York City, and Jon Carlson, psychologist and director of the Lake Geneva Wellness Clinic in Wisconsin, on the subject of the newlyweds' relationship with their in-laws. Both Ms. Mendel and Dr. Carlson stress the importance of the role in-laws play in the early marital life of the newlywed couple. Practical advice is offered by both Adlerians on ways to approach the in-law relationship: discuss expectations; work at becoming a unit; understand your parents' feelings; avoid angry confrontations, and seek compromise solutions.

Agent 007 meets Alfred Adler

A story of somewhat curious content comes our way. Though curious, it is amusing. It involves the story of Alfred Adler and James Bond creator, Ian Fleming. The Chicago Sun-Times reports (5-27-84), in an article reprinted from Discover magazine, the "psychopathic" beginnings of the

young Fleming, a man plagued by desires ranging from fast cars and fast women to heavy gambling and alcoholism. Through the therapeutic attentiveness of an Adler student, Fleming eventually was able to redirect his reckless flamboyancy into the tales of Agent 007. The following quote best describes Adler's role in the life of our favorite spy thriller creator:

Would the doctor consent to undertake his [Fleming] treatment?...The doctor, pioneer theorist of sibling rivalry and the inferiority complex, and once the favorite pupil of Freud, was Viennese psychiatrist Alfred Adler. The appeal was issued in 1927 by the mother of Ian Fleming...But there was a problem: young Fleming would not knowingly submit to therapy. Adler's solution was to disguise his student Joshua Bierer, 26, as a tutor of international law [at that time Fleming was attempting to pass the exams necessary to assume work with the Foreign Office]. Under that cover for three months, Bierer could attempt to modify the youth's rebellious behavior.

As a postscript, it should be noted that Bierer became a distinguished London psychiatrist, who at 80 has just completed his autobiography. He remembered the assignment as "the most difficult job I ever had," and his subject "the most brilliant psychopath I have ever met."

It looks like we Adlerians will be viewing the next James Bond flick through glasses of a slightly different dimension...

S.E.H.



News from STEP; STEP/Teen

Systematic Training for Effective Parenting

STEP and STEP/Teen have been very much in the news of late. The following news bits were submitted to NASAP's Central Office.

STEP & STEP/Teen in the U.S. Air Force--The U.S. Air Force has established required training for social workers and family advocacy workers in both STEP and STEP/Teen. These workshops have been conducted by Don C. Dinkmeyer, Sr. and Don C. Dinkmeyer, Jr. in Boston, LosAngeles, Honolulu, and Wiesbaden, West Germany. Dr. Dinkmeyer, Sr. reports that the programs have been enthusiastically received. The Air Force has already established plans to go ahead with an extensive family education program utilizing STEP and STEP/Teen.

STEP in Japan--New NASAP member, Sakan Yanagidaira, President of the Group Dynamics Institute in Tokyo, Japan, reports that his institute is now using STEP and STEP/Teen (both have been translated into Japanese) in its parent education programs. TIME, the new marriage enrichment program, is being translated into Japanese for future implementation at the institute. Mr. Yanagidaira was first introduced to STEP through Don C. Dinkmeyer's visit to Japan ten years ago. Mr. Yanagidaira has translated The Practical Parent, by Raymond Corsini and Genevieve Painter, into Japanese. Contact: Sakan Yanagidaira, Group Dynamics Institute, Inc., 2-10-25 Mita Meguro-Ku, Tokyo 153, Japan. Tel 03(79)1811.

TIME--Training in Marriage Enrichment is a 10 week marriage enrichment course recently released by American Guidance Service. Don C. Dinkmeyer, Sr. and Jon Carlson authored this program based upon Adlerian concepts. TIME went through extensive field trials prior to its publication. The Leader's Kit can be purchased for \$69.50; the Couples Packet, containing 2 copies of the Participant's Handbook and an audiocassette, "Time to Relax and Imagine," costs \$19.50 postpaid. A Sampler of excerpts from the program is available for \$3.50 postpaid. Contact: AGS, 2031A Publishers' Building, Circle Pines, MN 55014-1796.



from the Regions

REGION II--MIDWEST

ILLINOIS

Chicago--The Second Midwest Psychodrama Training Institute and Conference sponsored by Governors State University will be November 2-4, 1984 at the Americana Congress Hotel in Chicago. Kay L. Kummerow will be presenting a workshop, "Sociodrama and Roleplay with Adolescents." Contact: Governors State University, Office of Conferences and Workshops, University Park, IL 60466-3187; 312/534-5000, Ext. 2549.

Chicago-The Americas Institute of Adlerian Studies (AIAS) announces the appointment of Betty Lou Bettner to their affiliated faculty. Betty Lou, a member of NASAP's Executive Committee, is a graduate of AIAS and a Counselor in Pennsylvania, where she also teaches at Philadelphia area's Neumann College.

Chicago-AAI of Chicago reports that its drive for funds under the \$50,000 Challenge Grant from the Seymour E. Clonick Estate has been successful-goal was surpassed in August. The Institute expresses its heartfelt thanks to those who donated and to the committed executors, Mssrs. Herbert J. Clonick, Max Kopstein and Sydney M. Roth.

Summer school statistics reflect the evergrowing popularity of the methods of Individual Psychology--301 students were enrolled in 18 courses, three of which had to be added to the original schedule in order to accommodate the demand.

Bernard H. Shulman will present a special workshop, "Advanced Life Style," Sunday, November 18, from 10:00 a.m. to 4:00 p.m. at the Institute. He will address new ways to score life style Data. (Prerequisite: a basic course in life style diagnosis.)

The Family Education Activities Division (FEA) is scheduled to open a Family Education Center in the north-suburban Chicago area in October. FEA will also mount its Semi-Annual Training Workshop for Study Group Leaders on September 8, and a two-day workshop, "How to Sell an Idea," on October 13 and 14. Pre-registration bonus (for the latter): fee reduction from \$90 to \$75 if received before September 21. Contact: Bryna Gamson, AAI of Chicago, 159 N. Dearborn, Chicago, IL 60601; 312/346-3458.

MISSOURI

St. Louis-The Midwest Society of Individual
Psychology is making plans for a 20th Anniversary Celebration, October 12 and 13, 1984.

MSIP extends an invitation to all NASAP members to attend their celebration, especially NASAP Region II members. The Friday program will consist of dinner, recognitions, and entertainment. The Saturday program will include a family counseling demonstration and three choices of nine workshops. A registration program will be available on September 1. Contact: Betty Cooper, MSIP President, 3770 McKelvey Road, Bridgeton, MO 63044.

######

REGION III -- SOUTH

FLORIDA

Southeast Florida--Don C. Dinkmeyer, Sr. reports that he has been leading sales building seminars with the Southeast Florida Division of Northwestern Mutual Life Insurance Company. Don is using Adlerian concepts with sales agents, who then apply the concepts to their specific sales situations. The seminars are held monthly.

#

REGION IV--MIDDLE ATLANTIC

Washington--The inaugural conference of the newly incorporated Alfred Adler Institute of Washington, D.C. will be held on October 27 and 28 at the National 4H Conference Center in Chevy Chase, Maryland. The conference theme is "Meaningful Change: Rediscovering Adlerian Psychotherapy." Guest presenters will be Kurt Adler, Heinz Ansbacher, Albert Ellis and Bernard Shulman.

The Alfred Adler Institute, in cooperation with the Union Graduate School, has been established primarily to provide opportunities for qualified graduate professionals to pursue doctoral level studies in Adlerian Theory and Practice. The program offers options and flexibility not found in the traditional university setting, including the active participation of students in the planning and designing of their graduate studies, and full-time employment as a part of the learning experience. Contact: AAI of Washington, D.C., 4014 Georgia Avenue, N.W., Washington, D.C. 20011.

#######

REVION VI--FAR WEST

CALIFORNIA

San Francisco-AAI of San Francisco reports that Laurie Stein will conduct a Lunch-Hour Series for Parents at Golden Gate University beginning September 19 and Henry Stein will give a lecture on "The Theory & Practice of Adlerian Psychology" at J.F.K. University on October 15.

"Stress in the 80's" - Alfred Adler Memorial Workshops - November 2, Executive House, Chicago. Robert L. Powers, Jane Griffith, Roy Kern, presenters. \$50 registration, \$25 students, before October 19; after that date, \$60, \$35. Proceeds all go to NASAP. Contact: NASAP, 159 N. Dearborn, Chicago 60601; 312/346-3458.

Non-Profit Org.
U. S. POSTAGE
P A I D
Chicago, IL
Permit No. 822

RETURN TO:

NASAP NEWSLETTER

159 N. Dearborn Street
Chicago, IL 60601

ATTENTION NEWSLETTER READERS:

Does your local library (or university liabrary) carry NASAP's quarterly journal, Individual Psychology: The Journal of Adlerian Theory, Research & Practice"? If not, how about letting your librarian know about Individual Psychology by clipping off the attached note and sending it, or write your own letter, or call on the librarian. Your help in promoting our valuable publication will be much appreciated. Thanks!!

DEAR	LIBRARIAN:		
FROM:	****		

I have looked over information on INDIVIDUAL PSYCHOLOGY: The Journal of Adlerian Theory, Research & Practice, and recommend that it be added to our library holdings.

The price of INDIVIDUAL PSYCHOLOGY (ISSN 0277-7010) is \$30 per year for institutions (\$33 outside the U.S.A.). The Journal may be ordered through major subscription agencies or directly from the publisher: Individual Psychology, Journals Department, University of Texas Press, Box 7819, Austin, Texas 78712.

NASAP	1892-0	4 WEMBERSHIP DIRECTORI BOFF DEMENT	(1948)	, -,
SUPPLEMENT #4, continued		ADDITIONS cont'd		3/84
IILES, Marianne	01	RUTTER, Kevin Christopher 01	TARVER, Russell E.	02
M.Ed.	(P)	B.S.	M.A., M.Div.	(P)
14108 91 Avenue		127 East 400 North	417 N. Pine	
Edmonton, AL T5R 4Y2		Provo, UT 84601	Vermillion, SD 57069	
402/483-9237		801/373-0751	605/624-8738	
ASH, Georgine V.	05	SAINT-YVES, Jean-Guy 05	TELFORD, Patricia A.	01
B.Sc.		M.S.W.	M.A.	(P)
18 Clairtrell Rd.		3914 Bloor St. West	Parent-Child Counseling	Clini
Willowdale, ON M2N 5J6		Islington, ON M9B 1L7 416/239-1250	941 S. Dobson #220 Mesa, AZ 85202	
416/223-4639		410/200-1200	602/964-3531	
JASH, Martin	05	SIMMLER, Gladys M. 02	TERRY, Rhona	05
M.D.	(P)	M.S.	2310 Thorn Lodge Dr.	
18 Clairtrell Rd.		1456 Forest Ave.	Mississauga, ON L5K 1K5	
Willowdlae, ON M2N 5J6		Kirkwood, MO 63122	416/822-3887	
416/223-4639		314/965-1612	TRIITT IOON	02
	OF	SLAMA, Dick 02	TRUITT, Joan Ph.D.	(P)
ORRIS, Charles	05	M.S.W. (P)	1159 Gilchrist Rd.	(-)
M.S.W.		Adlerian Counseling Services	Terre Haute, IN 47802	
1076 Denise Drive Oshawa, ON L1H 2Y4		256 N. 115th, Suite 4-AB	812/299-1329	
416/723-8960		Omaha, NE 68164		
410/120 0000		402/449-1767	WARRICK, Pamela D.	04
PAGE, Judith A.	05		M.A.	
M.Ed.		SMEJDA, Roberta 02	80 E. Greer Dr.	
5 Old Stone Way Apt 107		B.A. (P)	Newark, OH 43055	
Weymouth, MA 02189		200 W. Monroe, #1607	614/344-9801	
617/335-7497		Chicago, IL 60606	YANAGIDAIRA, Sakan	10
THE STATE OF THE S	02	312/975-7774	2-10-25 Mita	(P)
PETERSEN, Margaret	UZ	SMITH, Paul S. 03	Meguro-Ku, Tokyo 153	` ′
M.Ed. 54509 27th St.		M.A.	Japan	
South Bend, IN 46635		3623 Doge Place	81 03 790 1811	
219/272-5336		Nashville, TN 37204		٥٦
,		615/292-3871	ZEBARTH, Joan S.	05
ROMEYN, W.G.	01	SULLIMAN James Robert 03	M.A. H.Q.A.F. South Box 131	
Ph.D.		SULLIMAN, James Robert 03 Ph.D. (P)	F.P.O., NY 09524	
1760 West 60th Ave. Vancouver, BC V6P 2A6		2855 Apalachee Parkway B-98	,	
604/2-6-7966		Tallahassee, FL 32301		
001/2 0 1000		904/488-1325		
ROSEN, Larry	03			
M.B.A.				
2010 Treecorners Parkway				
Norcross, GA 30092 404/441-2584				
101/111-2001		CHANGES		
			WODEN E	
ABELSON, Edward		CUNNINGHAM, Steven P.	HORTON, Terri 312/323-1028	
111 Hickory Circle		1300 W. 8th St. #7	312/323-1026	
Ithaca, NY 14840		<u>Yankton</u> , SD <u>57078</u> <u>605/665-3128</u>	KAUFMAN, Eileen	
ADDITION I DON'T ON		003/003-3125	136 W. 75th 2C	
APPLEGATE, Lee Paxton 12527 Elm Manor Drive		DANCA, John A. (P)	New York, NY 10023	
San Antonio, TX 78230		(Private Prac. only chge)	212/873-6442	
512/492-4156		(======================================		
010/100		DILL, Adele M.	KIRCHER, Robert L.	
APPLEGATE, Walt		518/377-2781	3406 Harvard Road	
12527 Elm Manor Drive			Lawrence, KS 66044	
San Antonio, TX 78230		ENGEL, Van	913/527-7127	
512/492-4156		17 Eldon Hall Place, #210	KIDKMAN Wm T	
A DATE OF THE PARTY OF THE PART		Kingston, ON K7M 2X5	KIRKMAN, Wm. J. 503/488-1880	
ARMSTRONG, Keith		EVANS, Timothy	000/200 2000	
78 Dobie Ave. Montreal, PX H3P 1R8		302/451-2141	LAUSELL, Mary Alice	
modification and save save			809/758-0156	
BITTER, James		GRUTCHFIELD, Lee A.	TOWNS AND ASSESSMENT	
612 E. Hillside		209/937-6948	LOWMAN, Melody	
Bloomington, IN 47401		24 A	2477 Washington St.	
		GUTTENBERG, Robert M. 04	Sap Francisco, CA 94115	
BURNS, Susan		Wheaton, MD 20906	MALTERRE, Martha (Marti)	
270 Exhibition St.		301/946-2132	217 Saybrook Ct.	
Guelph, ON N1H 4R7		001/040-2102	Costa Mesa, CA 92627	
			714/631-8050	

SUPPLEMENT #4		ADDITIONS			8/84
ADERHOLDT, Bernice N.	04	CONCANNON, Paul	04	GLICK, Hy	05
8121 Burkart Court		859 Washington Blvd.	01	M.T.M.	05
Greenbelt, MD 20770		Baltimore MD 21230		4530 Girouard Ave.#3	
615/239-5755		301/727-2895		Montreal, PQ H4A 3E6	
ASHEAR, Victor	01	COX, Joseph	03	514/488-9464	
Ph.D.	(P)	Ph.D.	(P)	GOODMAN, Allen M.	02
427 South Brooks		2201 N. Magnolia Ave.	(- /	M.A.	02
Sheridan, WY 82801		Pensacola, FL 32503		1621 W. Glenlake	
307/672-5647		904/433-5827		Chicago, IL 60660	
BARBOR, Laney Foreman	01	CULHANE-HAYDEN, Diane M.	05	312/973-4225	
M.Ed.	V	B.S. Ed.	V	HALES, Lewis Kim	03
4030 N. Luzern		70 Walters Way		M . A .	(P)
Flagstaff, AZ 86001 602/526-6458		Stoughton, MA 02072		719-A Button Road	
002/320-0438		617/344-5715		Atlanta, GA 30324	
BARTA, Elizabeth F.	02	D'AMATO, Keith R.	03	404/262-2641	
M.S.		Ph.D.	0.5	HARRELL, Charlotte M.	03
Box 103		P.O. Box 488		M.Ed.	(P)
New Prague, MN 56071		Key West, FL 33040		122 Suncrest Blvd.	
BOEHMER, Edwin R.	02	305/294-5237		Savannah, GA 31410	
M.Ed.	02	DILL, Jim F.	05	912/897-6962	
10744 Lavinia Drive		Ph.D.		HOLLOWAY, Jerry L.	03
St. Louis, MO 63123		921 Morgan Ave.		M.S.	0.0
314/843-6357		Schenectady, NY 12309		PSC Box 4816	
BORTZ, Paul B.	05	518/377-2781		APO Miami 34001	
B.A.	0.5	DOW, Bill	05	507/86-4217	
Mt. Philo Road		B.A.	00	KELLY, Hazel E.	02
N. Ferrisburg, VT 05473		R.R. #2		400 E. Randolph Dr. Apt	
DOMEDO I 1:11 I	0.5	Ilderton, ON NOM 2A0		Chicago, IL 60601	
BOWERS, Judith Larew Box 2413 RD 2	05	519/666-0666		312/565-0270	
Shelburne, VT 05482		ELDER, John C.	02	KIVEL, Carol Lund	0.1
802/985-2644		D.V.M.	02	M.A.	01
		502 E. Harding Dr.		5412 E. Placita Apan	
CARLEN, Jean	02	Urbana, IL 61801		Tucson, AZ 85718	
B.A. 6 Oakbrook Club Dr.,Apt	T205	217/367-7980		602/299-9649	
Oakbrook, IL 60521	0 300	ELDER, Margaret R.	02	LA BEAU, Ann	0.1
312/530-0438		B.S.	02	M.S.	01 (P)
		502 E. Harding Dr.		230 McRoberts Way	(1)
CARLSON, Ralph E.	05	Urbana, IL 61801		Mather AFB	
M.Ed. 5 Pendexter Road		217/367-7980		Sacramento, CA 95655	
Durham, NH 03824		ESPENAK, Liljan	-05	916/364-1073	
603/868-5365		M.A., ADTR	(P)	LA FEHR, Joy S.	01
OH A GNON		45-36 39 Place		2004 E. 6th St.	
CHAGNON, Lyette	05	Sunnyside, NY 11104		Tucson, AZ 85719	
B.A. 1120 Paquette		212/784-2606		602/792-3217	
Brossard, PQ J4W 2T2		FERGUSON, Anita B.	05	LUTTMER, Sally	01
514/672-0799		M.S.		M.Ed.	(P)
	0.4	123-40-83rd Ave.Apt. 5M		7th Floor, 910 7th Ave	
CHUSID, Ann M.A.	01	Kew Gardens, NY 11415		Calgary, AB T2P 3N8	
1616 Pendrell #1701		212/793-8622		403/237~8880	
Vancouver, BC V6G 1S8		FRYE, Harold	04	MALCOM, Karen D.	02
604/685-9807		M. A.	(P)	M.A.	(P)
ZOLANCELO A	0.5	1022 E. Upsal St.		1046 Gaskill Dr.	.= /
COLANGELO, Arman M.A.	05	Philadelphia, PA 19150		Ames, IA 50010	
14-13 156 Street		215/924-1827		515/292-2241	
Beechhurst, NY 11357		GARABATO, Jo Brady	05	MARSHALL, Teresa J.	03
212/767-5189		M.A.		Ed.S.	0.0
COLLING Pich	0=	HHC SETAF G-3 Plans		2436 Colgate	
COLLINS, Rick B.A.	05	Box 356		College Sta., TX 77840	
214 Barron Drive		APO, NY 09168		McMILLIN, Laurence	0.1
Winnipeg, MB R3K OG5		GIANAKOS, Marilyn J.	01	M.A.	01
204/889-6339		B.S.		1175 West Base Line Road	d
		2430 Hilton St.		Claremont, CA 91711	
		Union City, CA 94587		714/624-5624	
		415/471-8488		· · · · · · · · · · · · · · · · · · ·	

D'AMATO, Keith R. Psychologist

40,42,53,70,75,80

10,12,13,14,15,16,17,30,

WARE, Pamela

13, 15, 70, 71, 74

Social Worker/Manager

Lafehr, Joy S.

Student

GEOGRAPHICAL cont'd

8/84

ONTARIO cont'd

Willowdale

NASH, Georgine Adult Educator

NASH, Martin Physician

(P)

QUEBEC

Brossard

CHAGNON, Lyette Sexologist

Montreal

GLICK, Hy Teacher 24,25

St. Laurent

CHENEY, Sharon (P) Occupational Therapist 13,15,16,31,33,50,51,52,54

ITALY

Naples

ZEBARTH, Joan Graduate Student 01,13,14,15,16,26,40,42,60

JAPAN

Tokyo

YANAGIDAIRA, Sakan Educator

NETHERLAND ANTILLES

Curacao

HOOGENBERGEN, W. Counselor 15,40,70

8/84

GEOGRAPHICAL cont'd

COX, Joseph A. (P) School Psychologist 10,17,20,22,24,27,30,54, 70,71,72

Tallahassee

SULLIMAN, James Robert Marriage & Family Therapist 10,11,12,13,15,16,17,20,24, 30, 32, 33, 40, 50, 51, 52, 54, 80

GEORGIA

Atlanta

FRANCIS, Maria D. College Admin./Counselor 13, 15, 16, 20, 40, 70

HALES, Lewis Kim (P) Clinical Counselor 02,14,15,33,42,51,54,71,73

ROSEN, Larry Grad.School/Counseling 01, 14, 15, 70

Savannah

HARRELL, Charlotte (P) Counselor 10, 11, 12, 13, 14, 15, 16, 17, 22, 28,30,52,54

IDAHO

Boise

THOMAS, Janet V. (P) Counselor 10, 12, 13, 14, 15, 16, 17, 22, 25 26,28,30,33,54

Twin Falls

McGEE, Patricia M. Counselor 01,03,13,14,15,30,52,54

ILLINOIS

Chicago

GOODMAN, Allen M. Psychologist

KELLY, Hazel E. Administrator

SMEJDA, Roberta Communication Consultant 70,73,75

Elmhurst

HODGE, Janet A. Psychiatric Nurse 30,60

Oakbrook

CARLEN Jean Administrator

Urbana

ELDER, John C. (P) Veterinarian 03, 10, 14, 15, 30, 81

ELDER, Margaret Caseworker Supervisor 03,10,13,15,22,27,30,74

Wheaton

DANCA, John A. (P) Educator/Psychotherapist

INDIANA

South Bend

PETERSEN, Margaret Teacher 22,30

Terre Haute

TRUITT, Joan (P) Psychologist/Educator 10,12,13,14,15,16,25,26,30, 40,42,44,45,51,52,54,70,71, 75,80

IOWA

Ames

MALCOM, Karen D. (P) Student/Counselor 13, 16, 26, 30, 51, 52, 54

MARYLAND

Baltimore

CONCANNON, Paul M. Priest/Counselor 10,11,12,13,15,16,30,40, 50,51,52,54,70

<u>Greenbelt</u>

ADERHOLDT, Bernice N. Sales 10,12,21

MASSACHUSETTS

Centerville

MORITZ, Barbara A. Parent Study Group Leader 25,30

Stoughton

HAYDEN, Diane M. Culhane Police Officer

Weymouth

PAGE, Judith A. Senior Social Worker

MINNESOTA

<u>Mank</u>ato

BARTA, Elizabeth FEC/Public Relations 20,22,23,24,28,30,31,32,33, 52,54,74

Minneapolis

MITCHELL, Ellen Non-profit Mgmt Consult.

RAJKOWSKI, Sr. M. Janine RN/Massage Therapist 60,80

MISSOURI

Kirkwood

SIMMLER, Gladys Marie (P) Teacher 22,24,25,28

St. Louis

BOEHMER, Edwin R. Retired school teacher 22,24

PINGEL, Dorothy A. Administrative Assistant 24,27,30,70

NEBRASKA

Omaha

SLAMA, Dick Psychotherapist 14,15,16,40,42,45,51,52, 60,71,74

NEW HAMPSHIRE

Durham

CARLSON, Ralph E. Family Counselor 10,12,13,15,30,54

NEW JERSEY

Lawrenceville

LIPMAN, Amy M. Graduate Student 10

NEW YORK

APO New York

GARABATO, Jo Brady Volunteer Counselor

Beechhurst

COLANGELO, Arman Principal, Elementary 20,22,27,28

SUPPLEMENT #4, continued

GEOGRAPHICAL cont'd

NEW YORK cont'd

Bellrose

HANSON, Leonore D. Family Counselor 13,15,16

Garden City

PELLONI, Ernest J. (P)
Dentistry

Huntington

MITCHELL, Barbara Clinical Supervisor 01,03,14,15,40

Kew Gardens, Queens

FERGUSON, Anita Counselor 10,15,17,24,25,54,71

New York

KAUFMAN, Eileen T. (P) College prof./Psychotherapist 25,40

Schenectady

DILLE, Adele M. Crisis Counselor 01,02,03,04,10,12,13,14,15, 16,22,24,30,50,51,52,54,71

DILLE, Jim F. Physicist

Sunnyside

ESPENAK, Liljan (P) Retired Professor 15,40,43,54

OHIO

Newark

WARRICK, Pamela D. School Psychologist

PENNSYLVANIA

Philadelphia

FRYE, Harold R. (P)
Psychiatric Social Worker
02,10,12,13,14,15,32,33,
40,42,71,72,74

RHODE ISLAND

Slatersville

de NEVERS, Ann M. Social Worker/H.S. Dean 10,13,14,15,17,24,26,30, 40,42,50,52,74,80

SOUTH CAROLINA

Taylor

BROADWELL, Walter J., Jr.(P) Counselor/Therapist 13,15,16,52,54

SOUTH DAKOTA

Vermillion

TARVER, Russell E. (P) Campus Minister 15,16,25,40,50,51,52,80

TENNESSEE

Nashville

SMITH, Paul S. Psychologist

TEXAS

College Station

MARSHALL, Teresa J.
Counselor
02,04,10,12,13,14,15,16,25,
26,27,28,30,40,41,42,44,52,54

Lubbock

BEACH, Martha Eckert Counselor Adoption Agency 10,11,12,14,15,32,42,51, 52,54,74

UTAH

Provo

RUTTER, Kevin Christopher Graduate Student

VERMONT

North Ferrisburg

BORTZ, Paul B. Student

Shelburne

BOWERS, Judith Laren Student

WASHINGTON

Seattle

GRUTCHFIELD, Lee A. Health Services Administrator

WYOMING

Sheridan

ASHEAR, Victor Clinical Psychologist 40,42,45,50

CANADA

ALBERTA

Calgary

LUTTMER, Sally (P) Employee Assist.Prog.Consult. 01,03,13,15,16,31,33,70,73

Edmonton

MILES, Marianne (P) Counseling Psychologist 03,10,11,12,13,14,15,16,17, 20,22,24,27,28,30,31,32,33, 42,54,71,72,73,74,80,81

BRITISH COLUMBIA

Burnaby

ODLUM, Sylvia Mental Health Nurse 10,25,16,40,45,50,51,52,53, 60,71

Vancouver

CHUSID, Ann (P) Psychologist

ROMEYN, W. G. Psychologist 11,13,14,15,16,40,45,51,52, 53,62,70

MANITOBA

Winnipeg

COLLINS, Rick Counselor/Resource Teacher 10,11,17,25,26,27,28,30

ONTARIO

Ilderton

DOW, Bill Teacher 10,15,17,22,24,27

Kingston

ENGLE, Van Sp.Ed.Teacher/Counselor

Mississauga

TERRY, Rhona Office Manager

YATES, Beverly 22

Oshawa

NORRIS, Charles Family Therapist

Toronto

SAINT-YVES, Jean-Guy School Social Worker 10,15,20,70